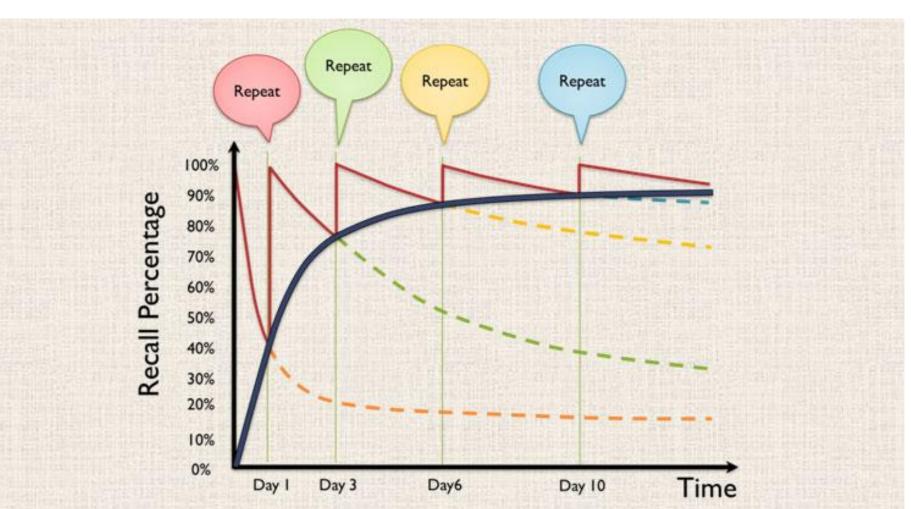


## NEBOSH NGC Week 2



## adamharries.net







**Plant** 



## Substances





#### **European symbols**



Toxic

Highly

tlammable



\*\*

Extremely tlammable



Explosive

Harmful



Dangerous to the environment



Oxidising



Corrosive

#### **New International symbols**





Hazardous to the

Aquatic Environment



Skin Irration

Acute

Toxicity

Skin Corrosion

CMR<sup>®</sup>, STOT<sup>®</sup>,

Aspiration Hazard



T+	Very toxic	Chemicals that at very low levels cause damage to health.
Т	Toxic	Chemicals that at low levels cause damage to health.
Xn	Harmful	Chemicals that may cause damage to health.





Xi

Irritant

Chemicals that may cause inflammation to the skin or other mucous membranes.





Corrosive

Chemicals that may destroy living tissue on contact.





Carc Cat 1 and Carc Cat 2

Category 1 and category 2 carcinogens

Chemicals that may cause cancer or increase its incidence.



Carc Cat 3

Category 3 carcinogens





Muta Cat 1 and Muta Cat 2 Category 1 mutagens

Chemicals that induce heritable genetic defects or increase their incidence.



Muta Cat 3

Category 3 mutagens





Repr Cat 1 and Repr Cat

Category 1 and category 2 reproductive toxins

Chemicals that produce or increase the incidence of non-heritable effects in progeny and/or an impairment in reproductive functions or capacity.



Repr Cat 3

Category 3 reproductive toxins



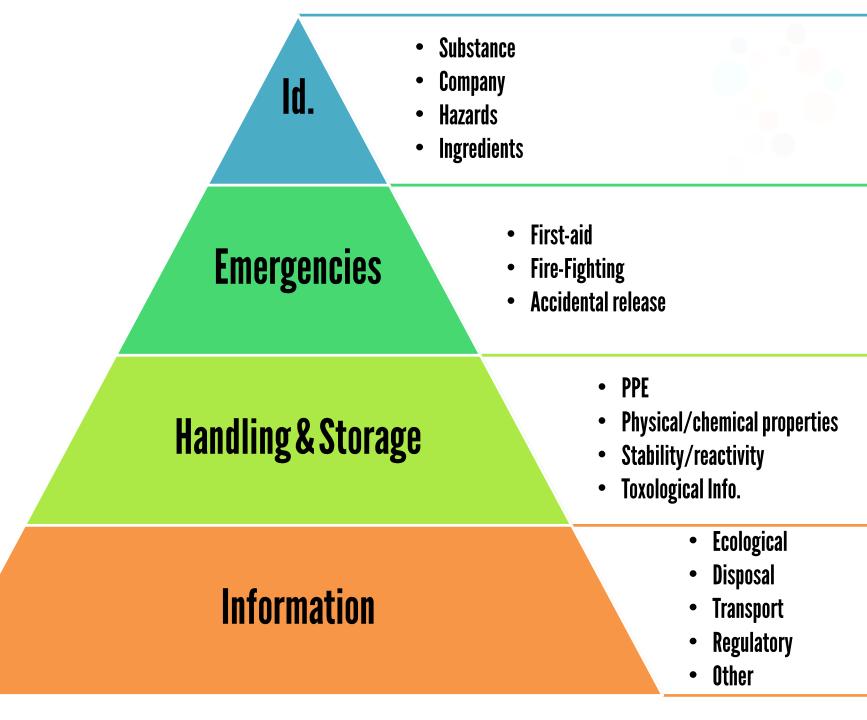


Ν

Dangerous for the environment

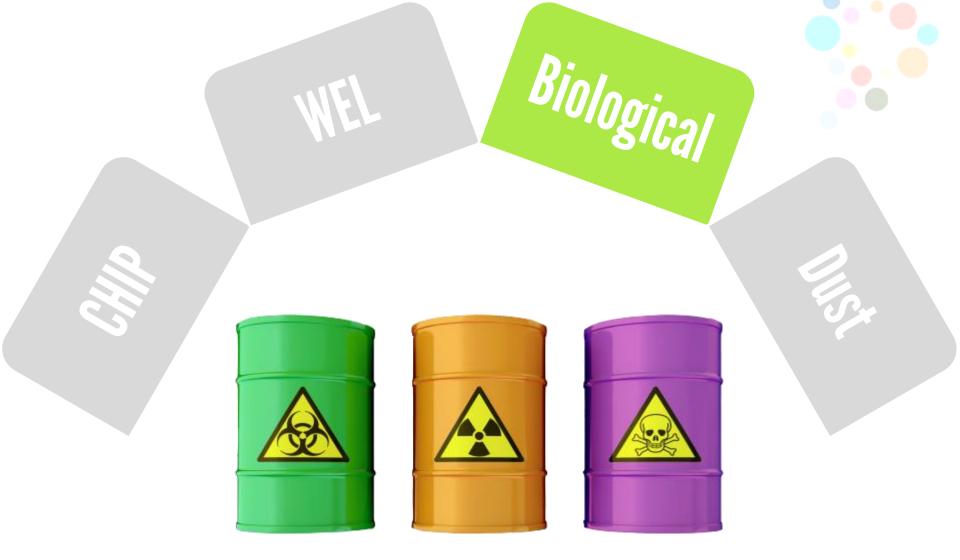
Chemicals that may present an immediate or delayed danger to one or more components of the environment.







## IIISE E

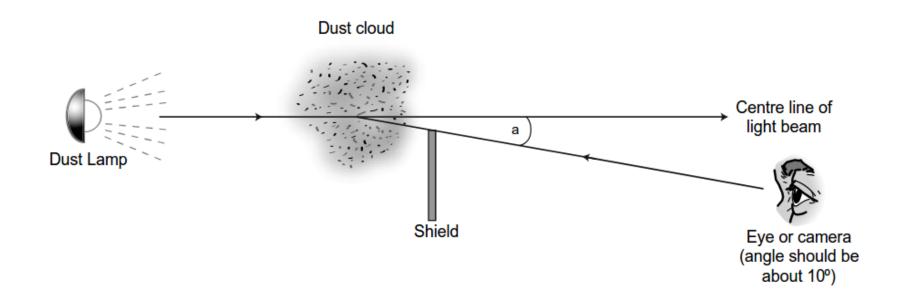






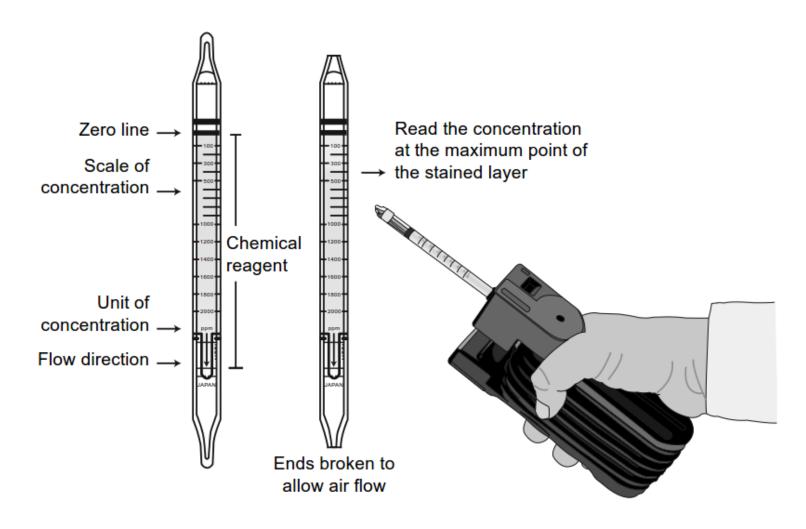






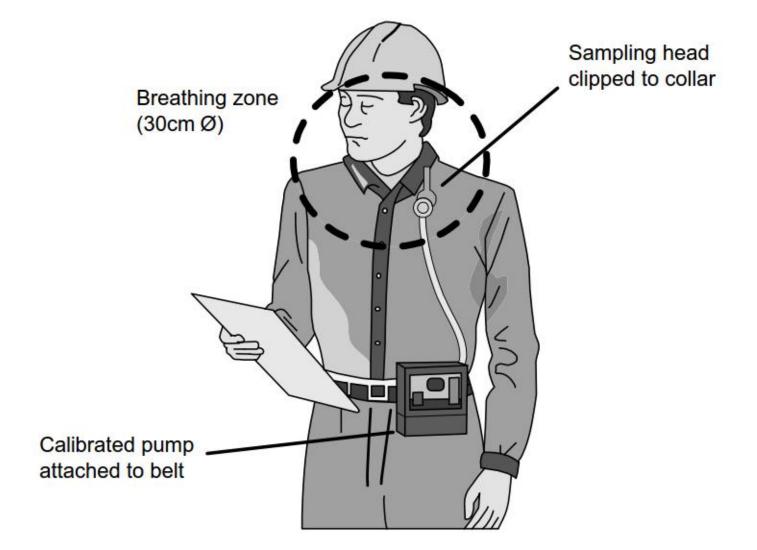
## **Substance Monitoring**





## **Substance Monitoring**







### Respiratory Protective Equipment (RPE)

#### Respirators

Filter out contamination in the air in the workplace before it is inhaled by the wearer

#### **Breathing Apparatus**

Provides uncontaminated air from an independent source





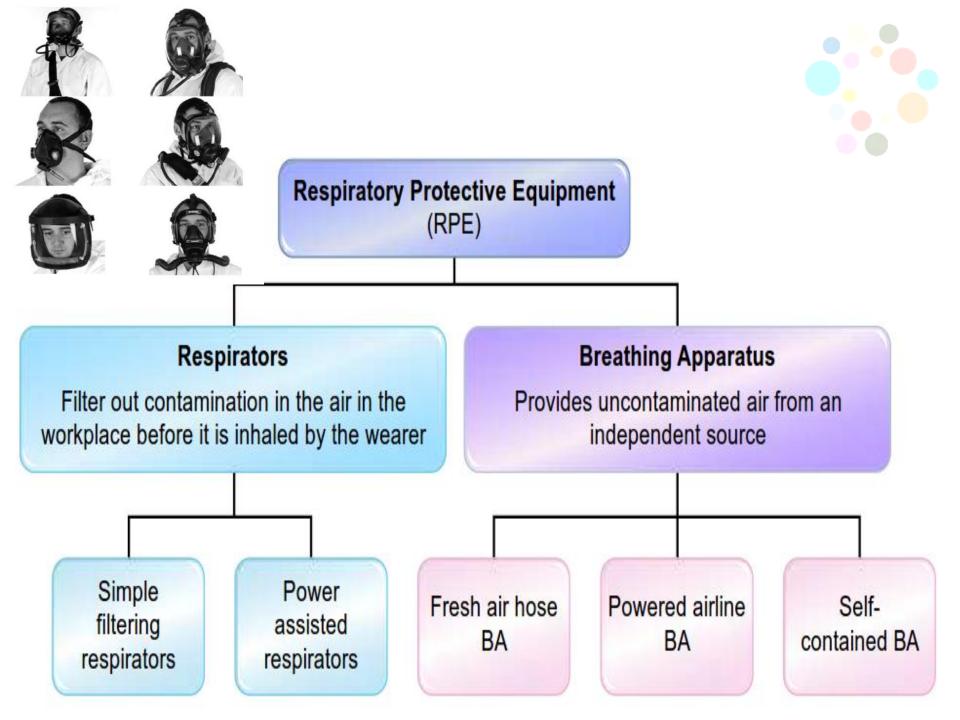
#### Respirators

Filter out contamination in the air in the workplace before it is inhaled by the wearer

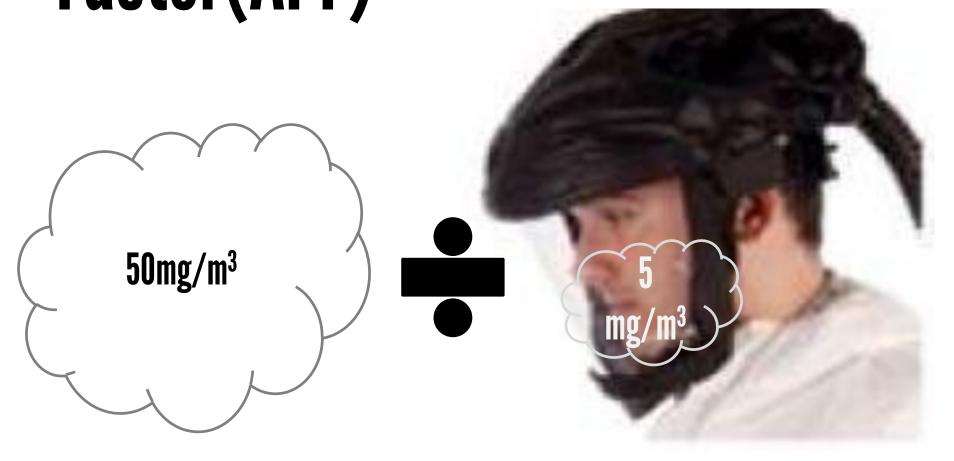
#### **Breathing Apparatus**

Provides uncontaminated air from an independent source

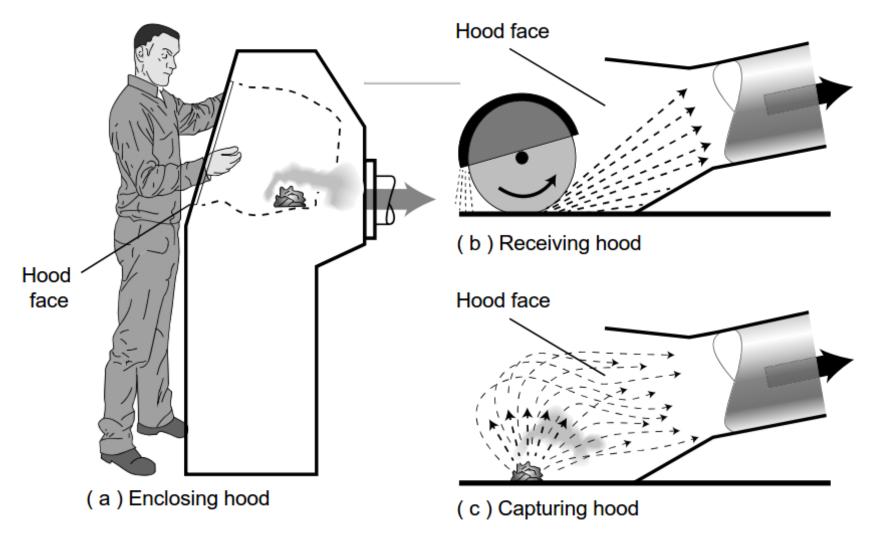
Simple filtering respirators Power assisted respirators



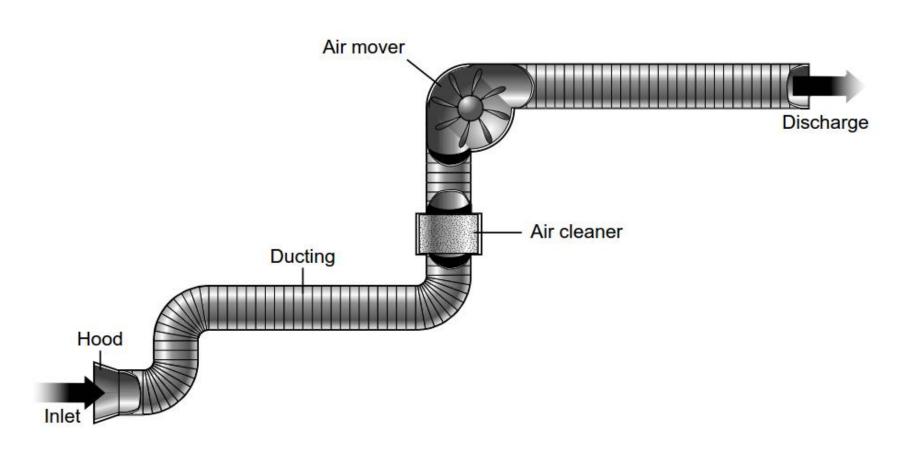
# Assigned Protection Factor(APF)





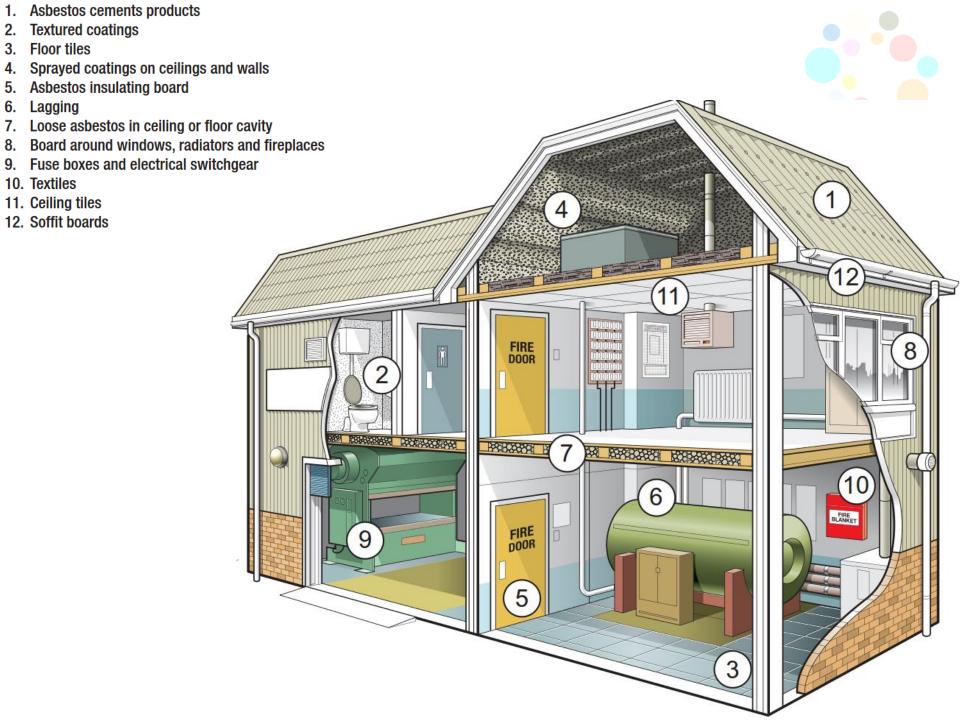














#### **Asbestos essentials**

A task manual for building, maintenance and allied trades on non-licensed asbestos work





http://www.beware-asbestos.info/





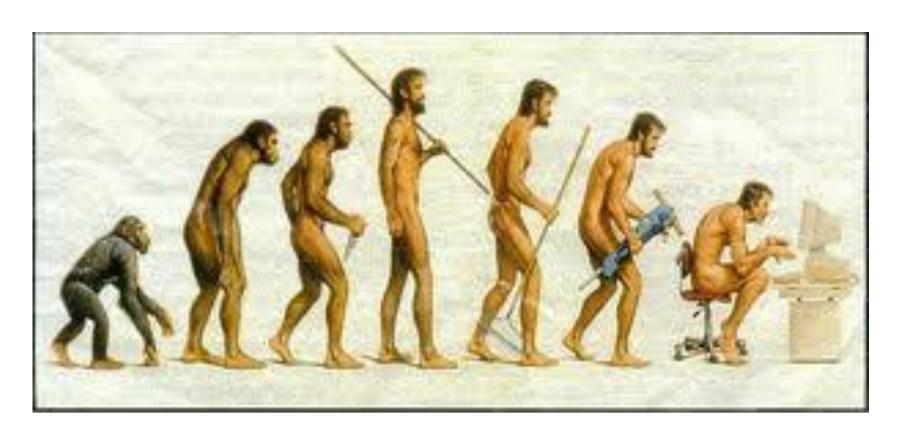
silica dust



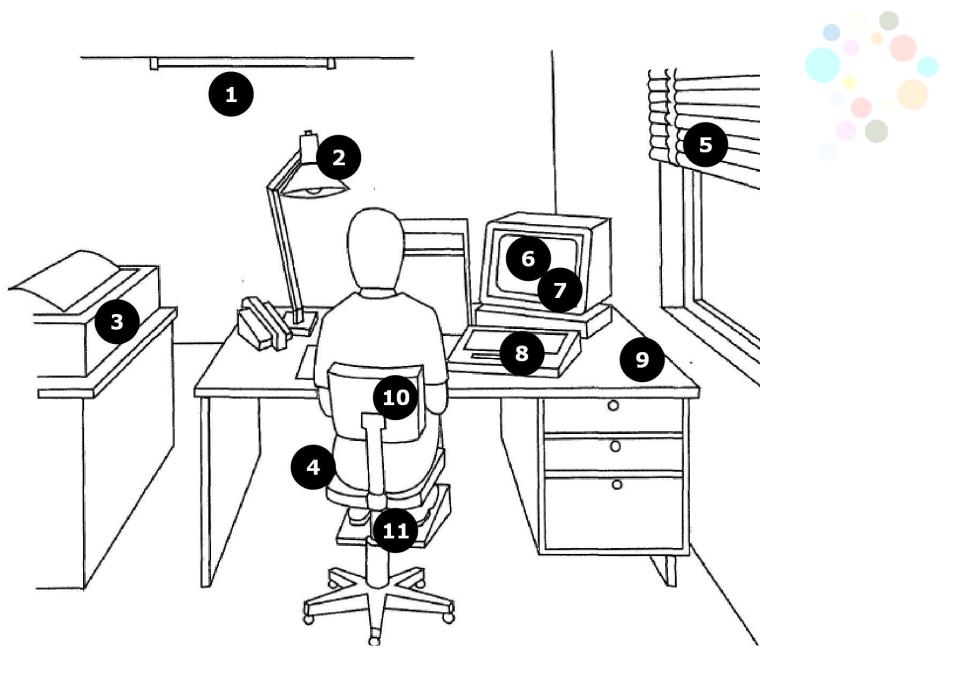
## Musculoskeletal

## WRULD

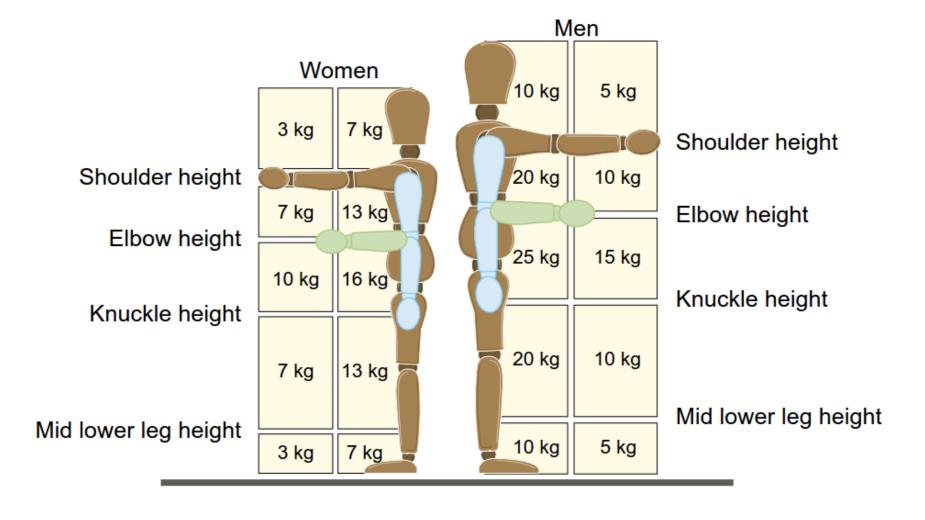












#### **Mechanical Aids**

Truck/trolleys
PUWER 1998



#### **Mechanical Aids**



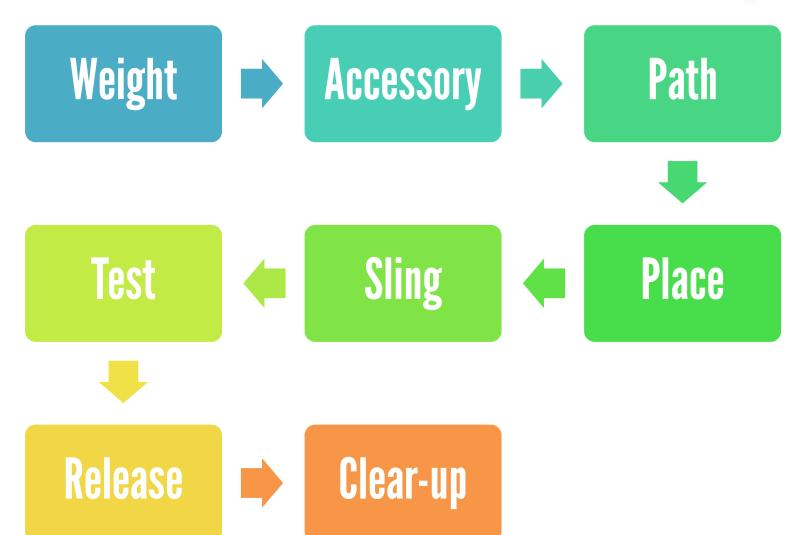
Hoists etc.

PUWER 1998 LOLER 1998



#### **LOLER 1998**







#### ÜBER FAIL

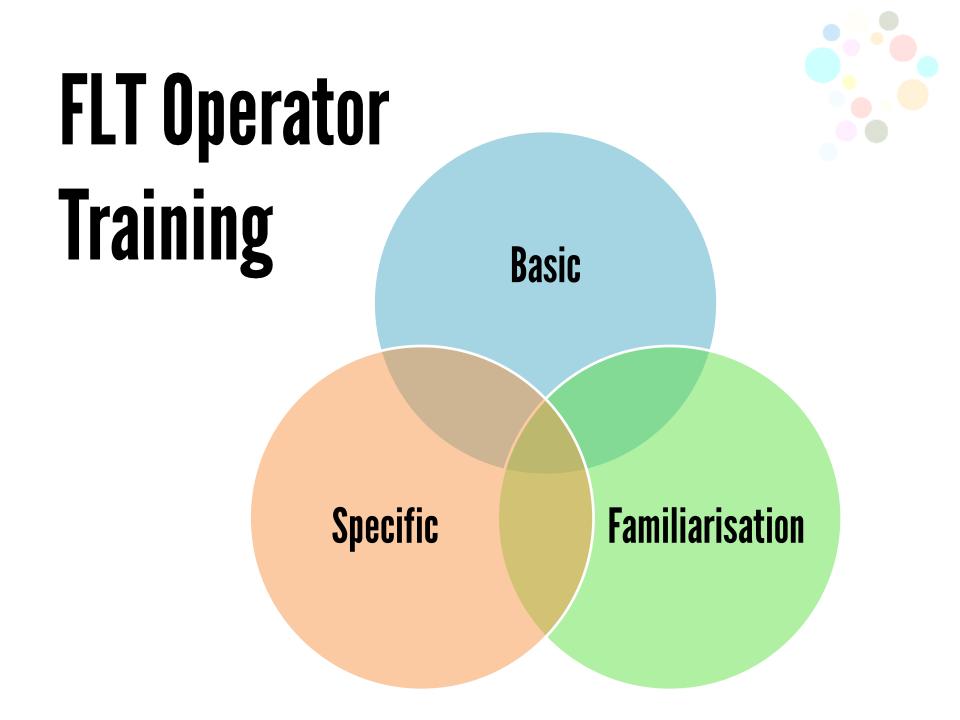
Regular fail does NOT adequately describe this failure!



## VIRAL **VIDEOS** AND THINGS









# EnticE





#### **SMTTH 601**



#### Statutory Inspections



After installation

1st time use

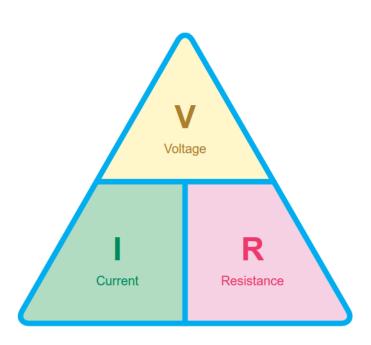
Exposure



## Electricity

#### Ohm's Law





$$V = I \times R$$

 $V = I \times R$  Diff. between + and -

$$I = \frac{V}{R}$$

Flow

$$R = \frac{V}{I}$$

**Resistance to flow** 

#### **Principles of Electricity**







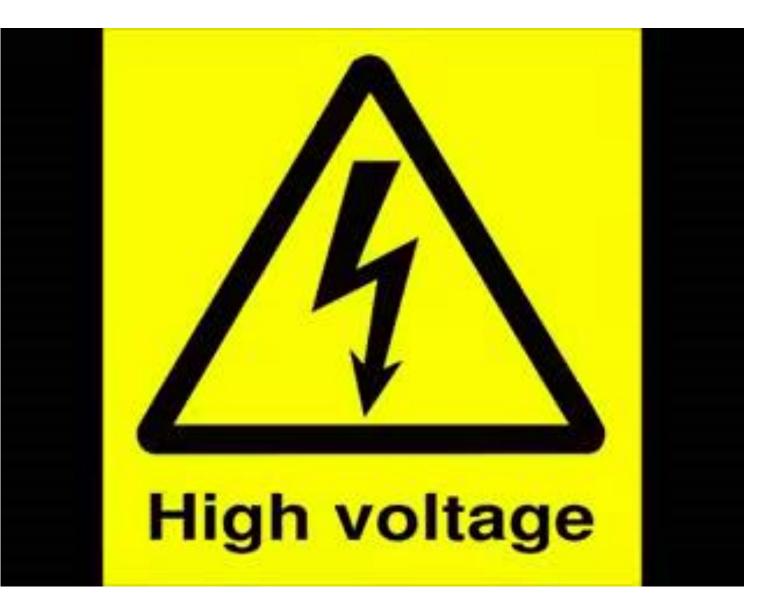
## 



#### STUPID PEOPLE

Thank you for taking yourself out of circulation willingly.

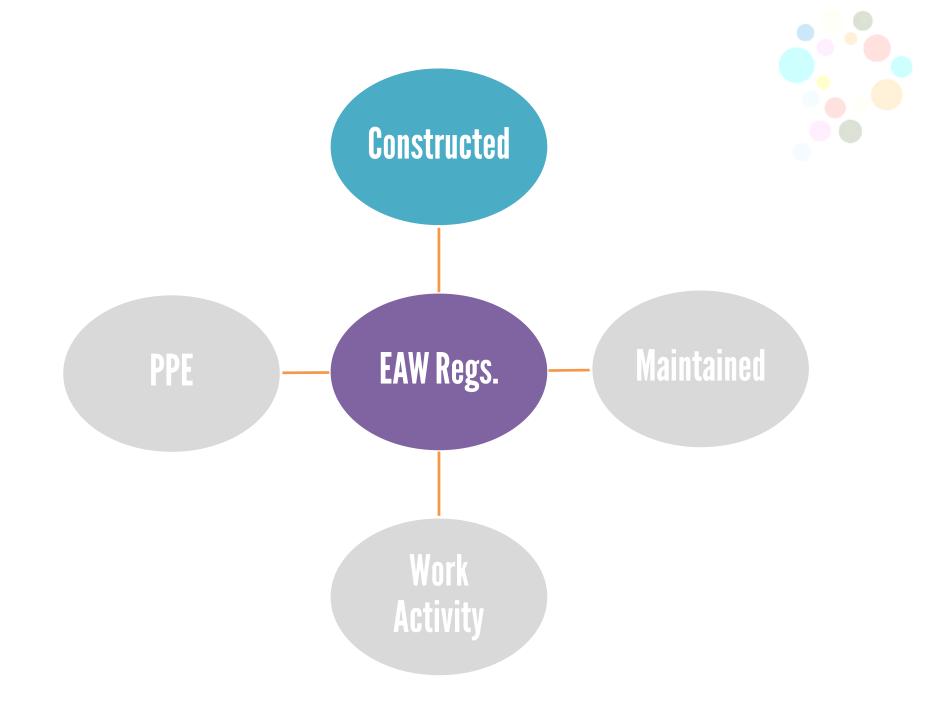


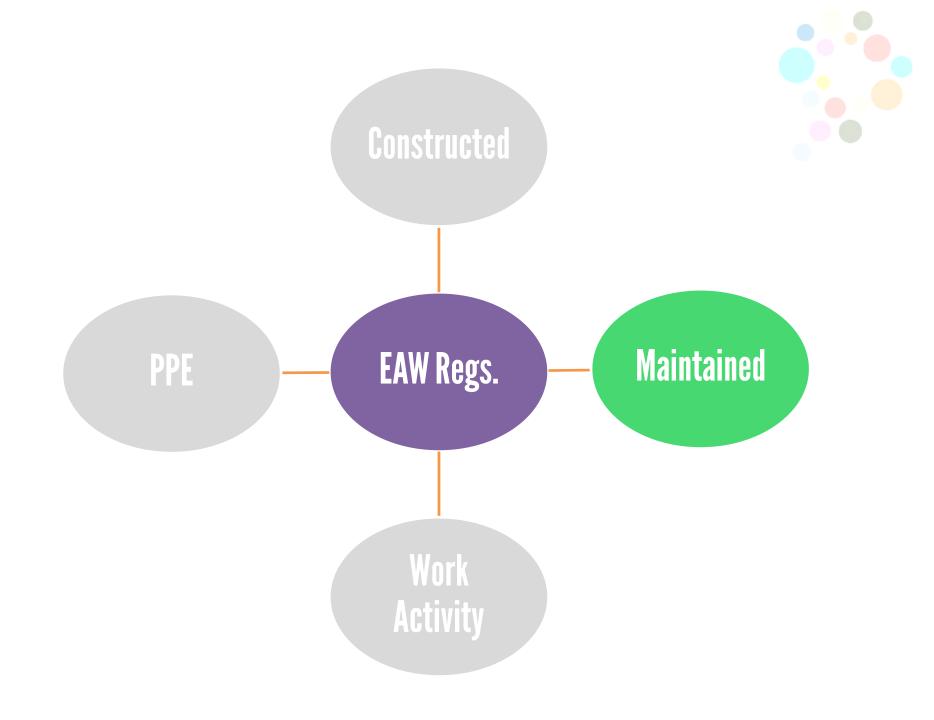


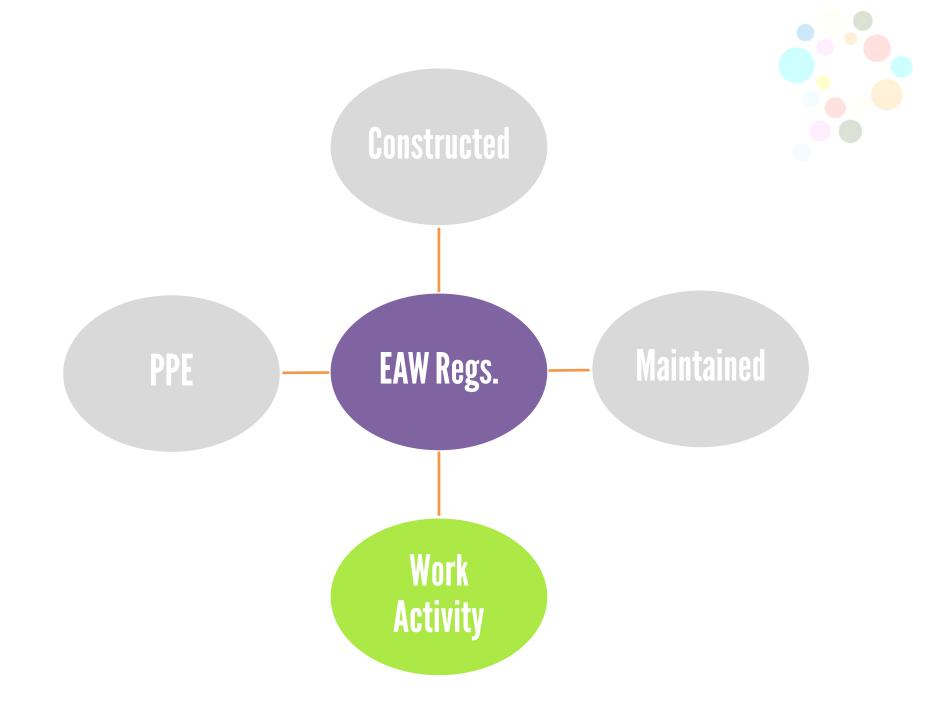
#### **Arc Flash**











### multi-lock hasp





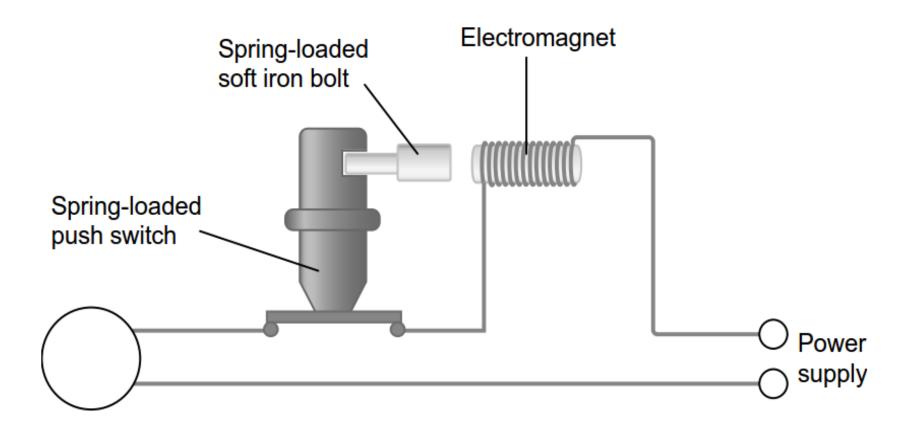
#### **Isolation Failure**



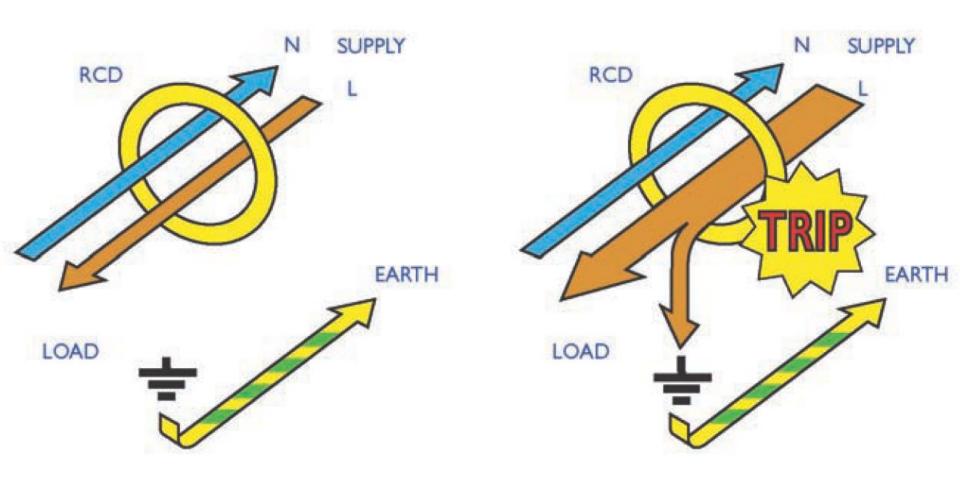


#### Mini Circuit Breaker (MCB)



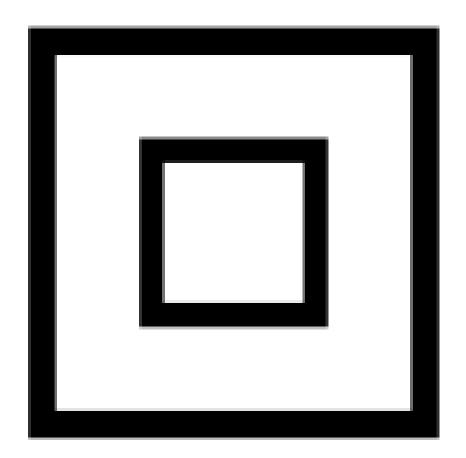


#### Residual Current Device (RCD)



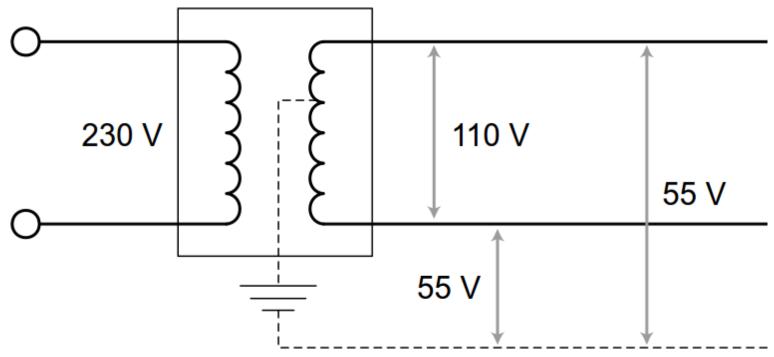
#### **Double Insulation**





#### Reduced Voltage

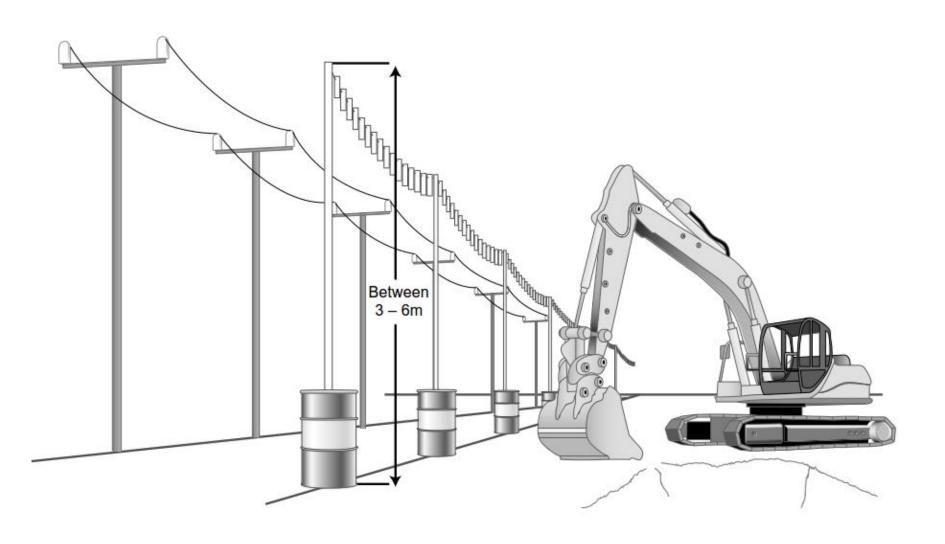






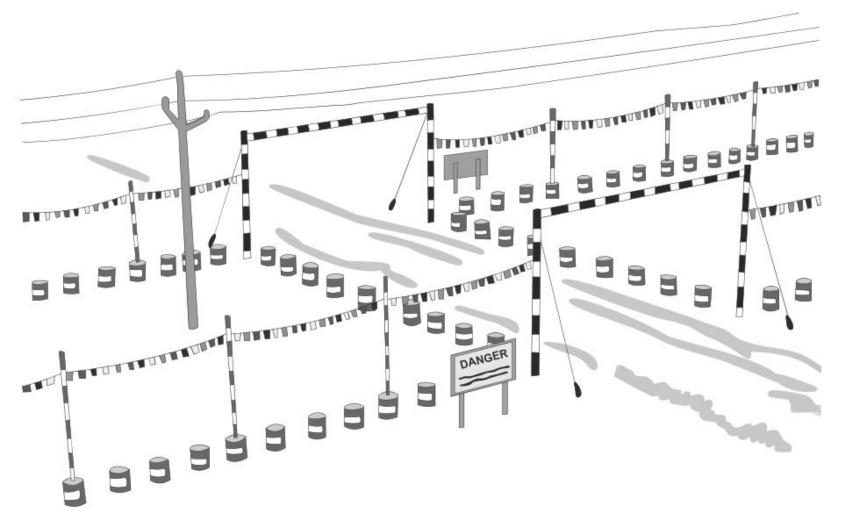
#### No Plant or Work

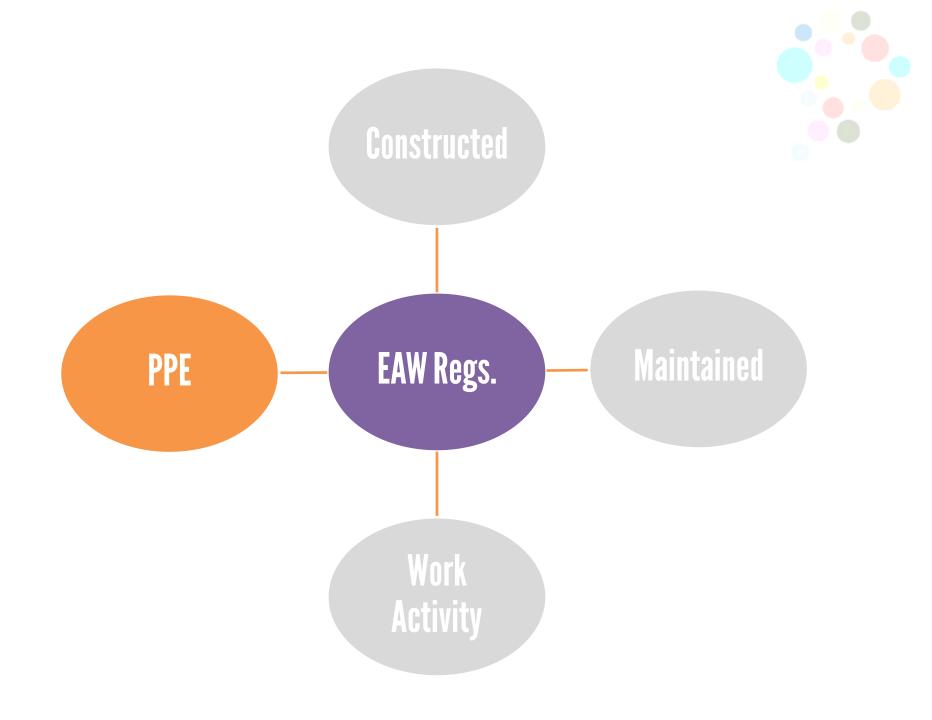




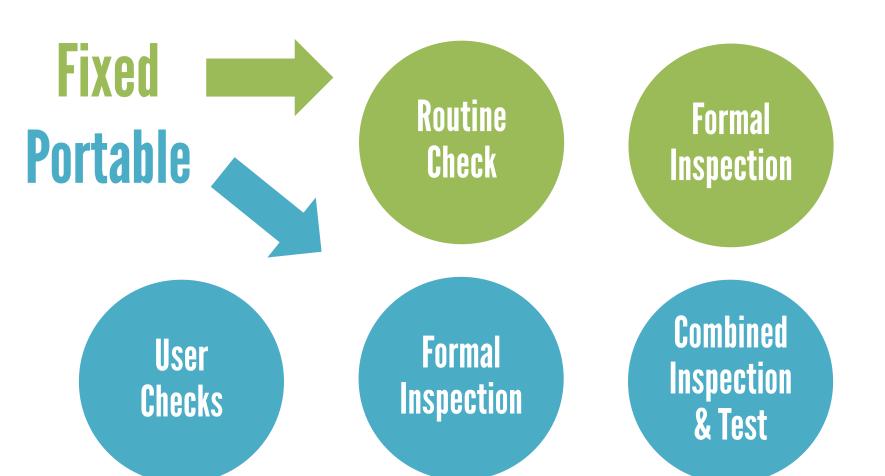
### Plant Only







## Inspection and Testing

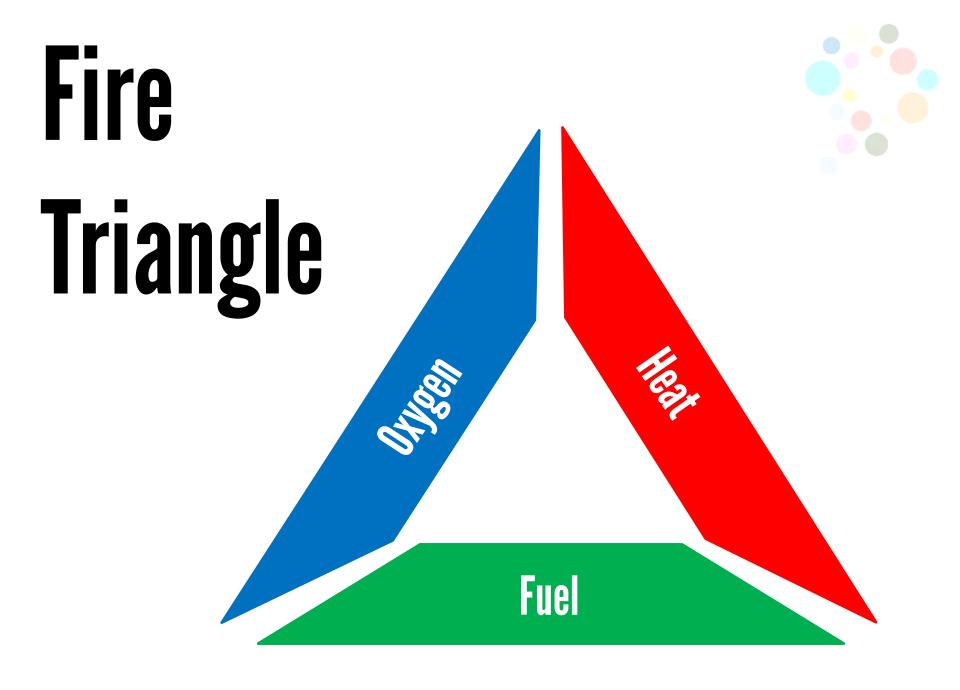


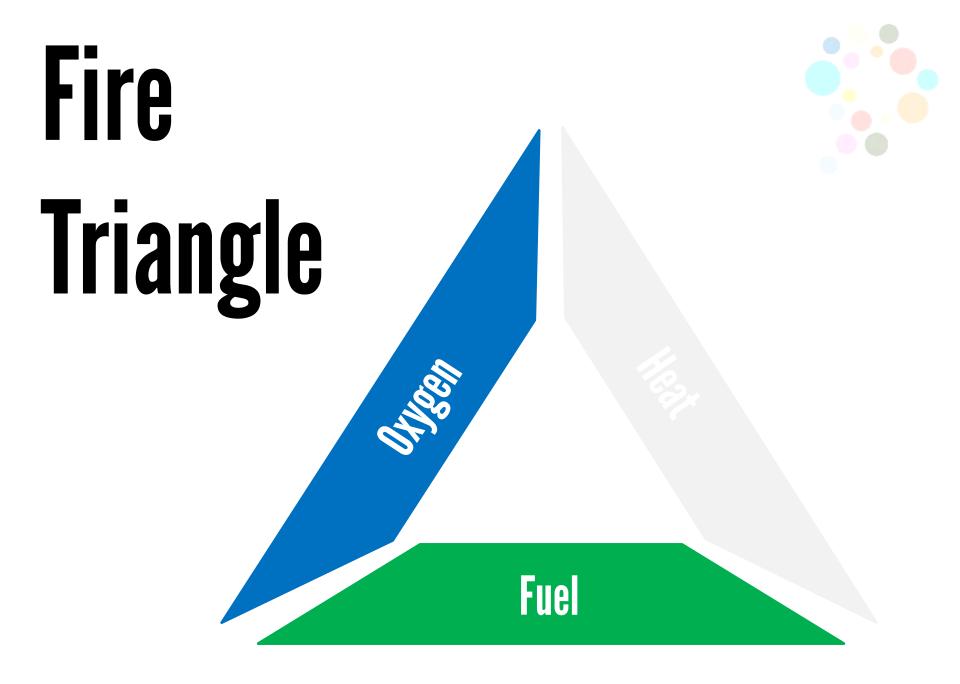
#### High Voltage Cable Inspection

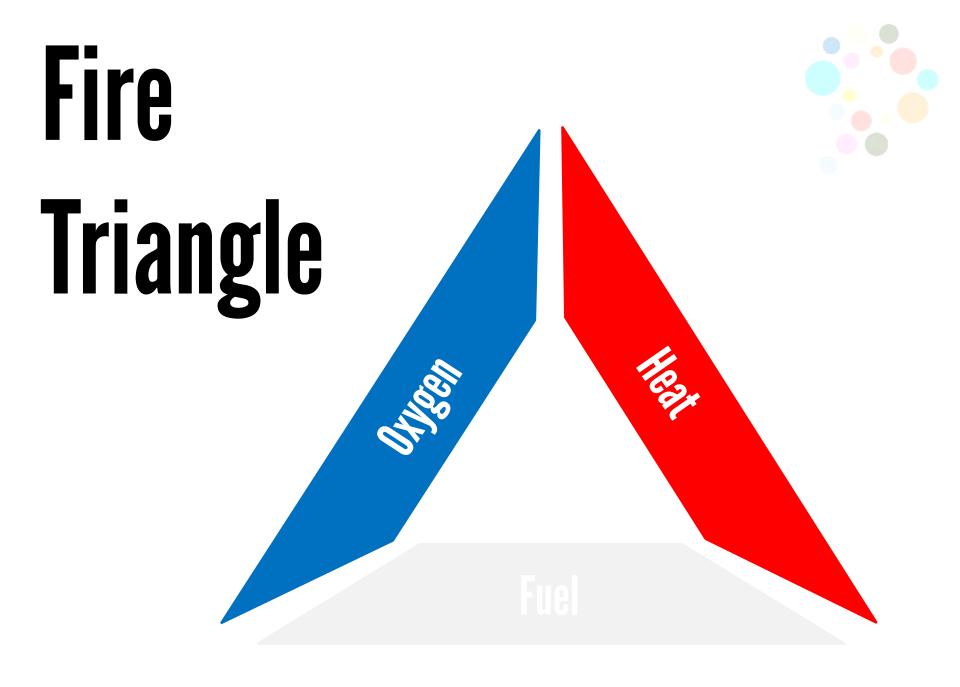




## Fire

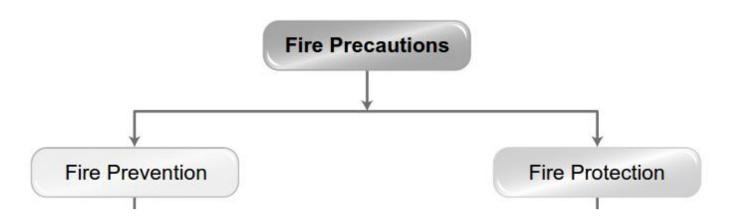




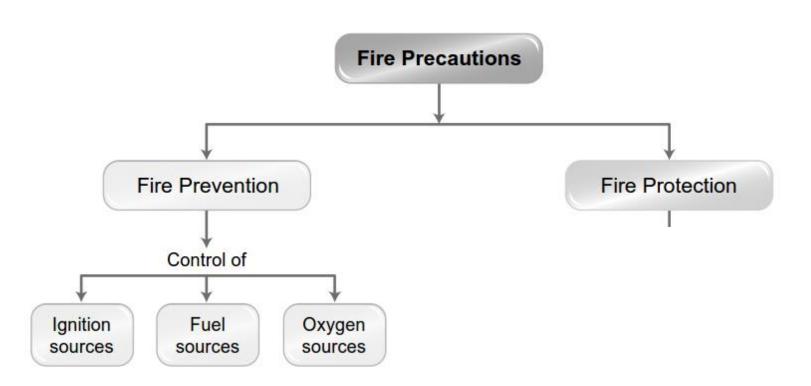


### Fire Triangle **Fuel**









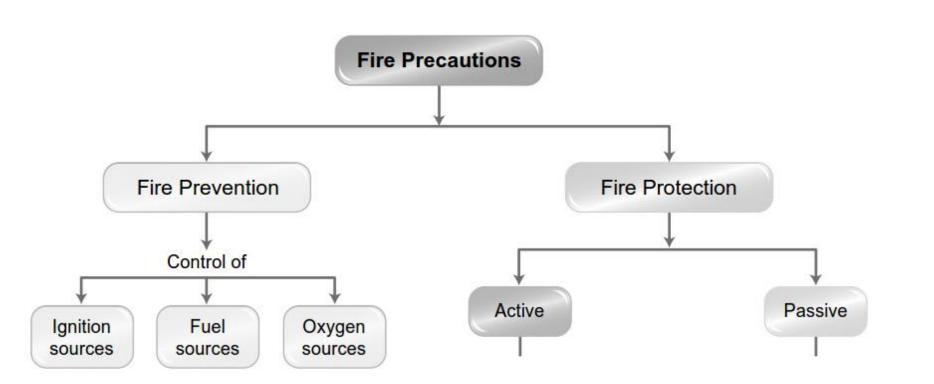
#### **Control of Fuel Sources**



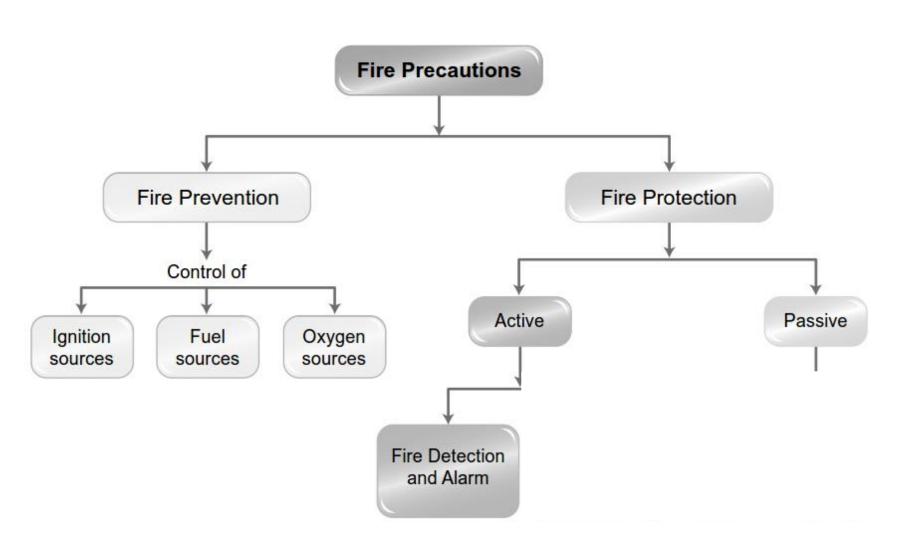




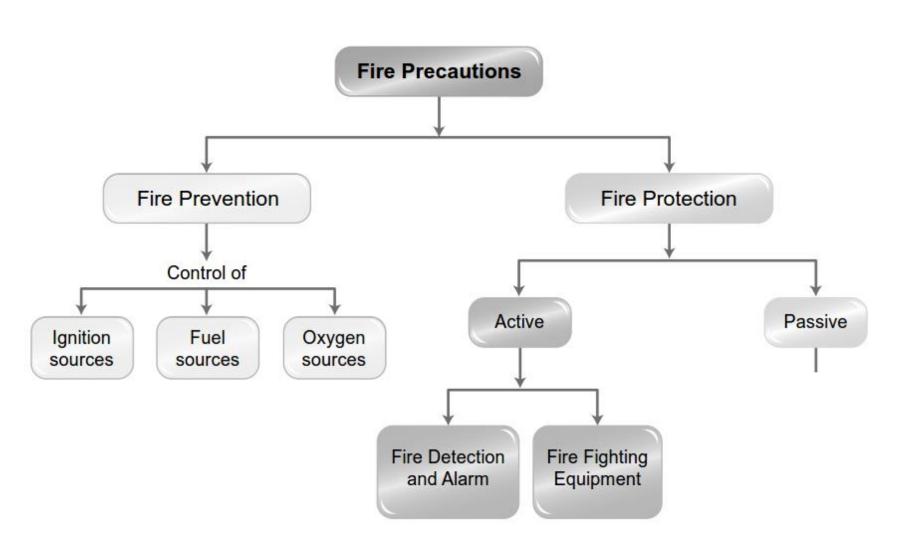


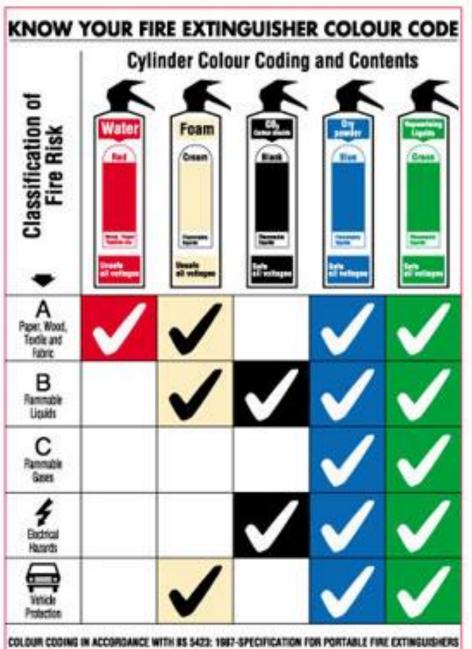








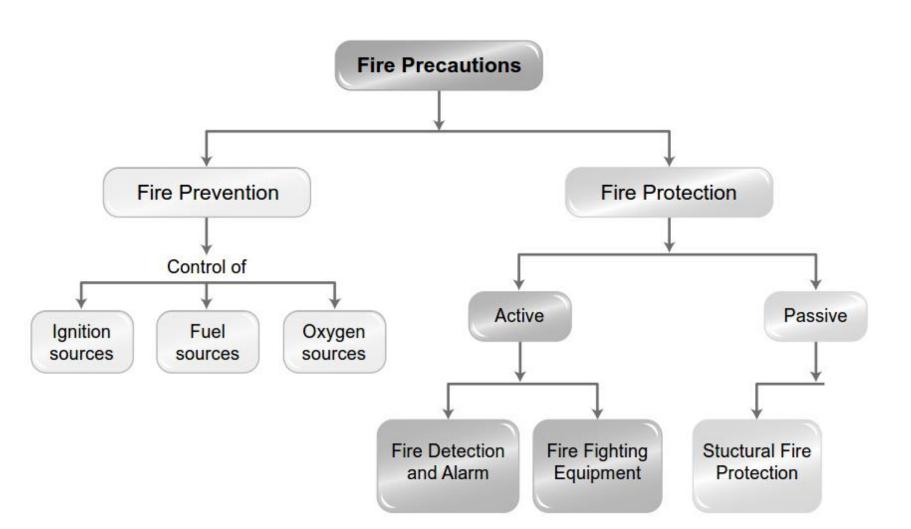




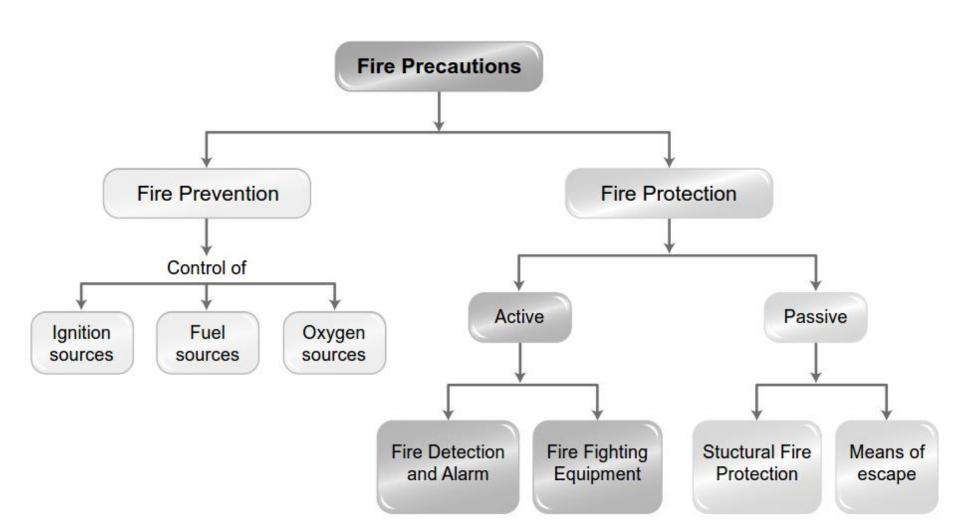
FLAMMABLE GAS FIRES MUST BE EXTINGUISHED BY THE EMERGENCY SERVICES ONLY







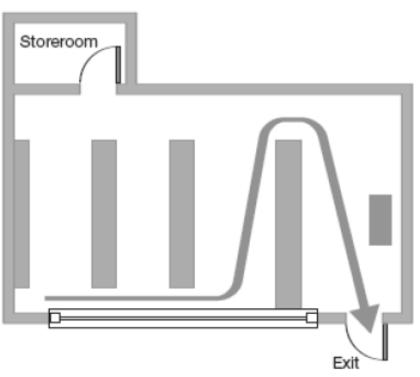




#### **Escape Routes**



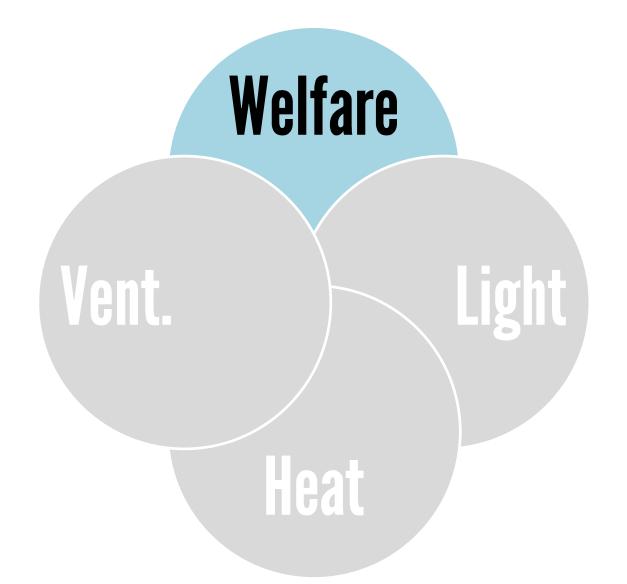






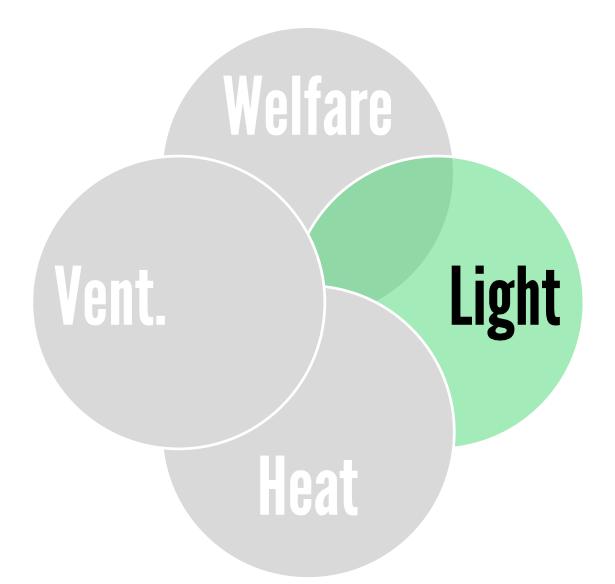
#### Work Environment



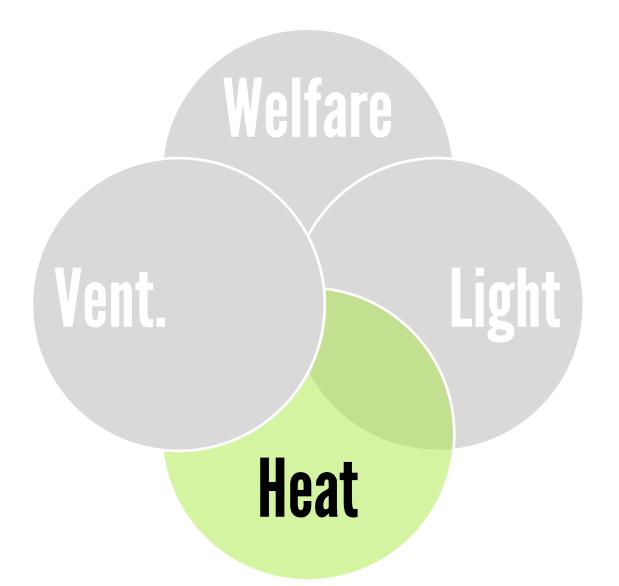










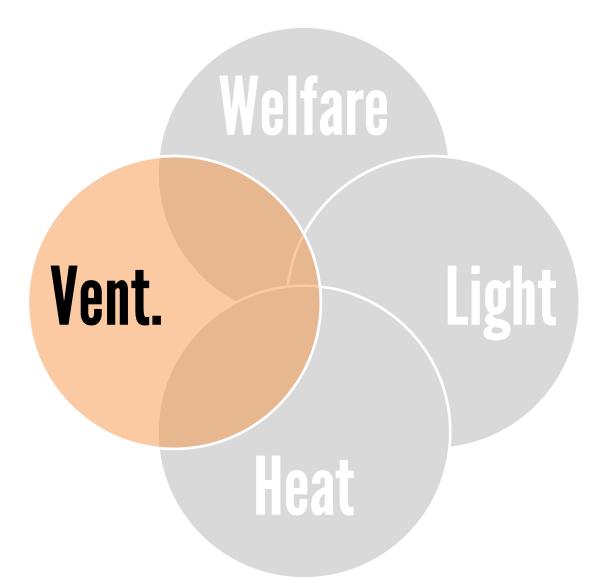






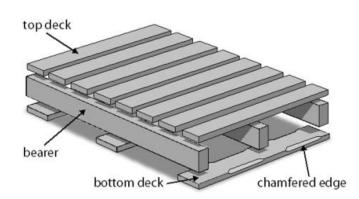
#### Workplace Temperature

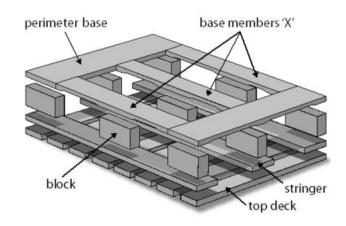




#### **Pallets**

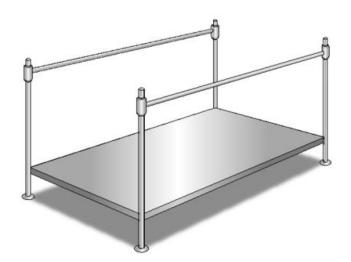


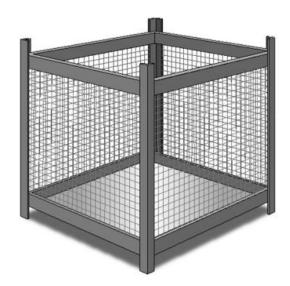




Post pallet

Box pallet





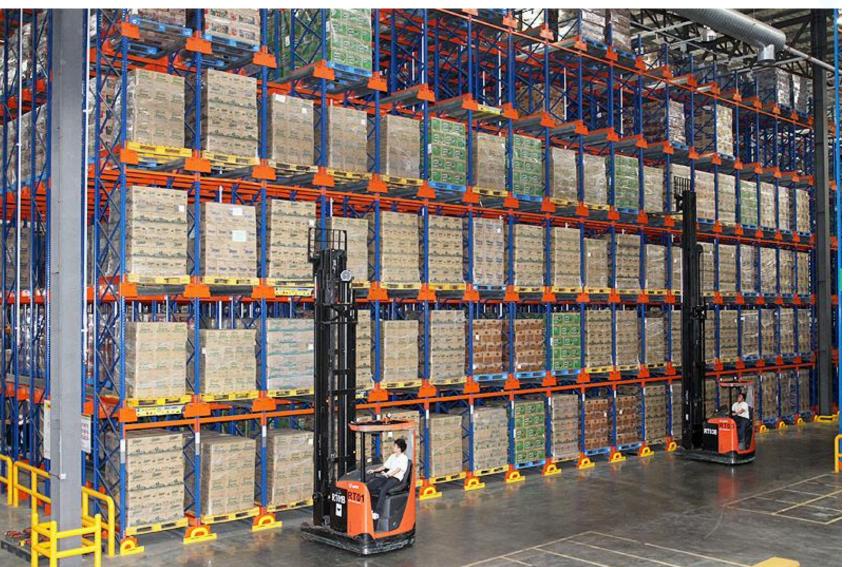
#### Racking Systems



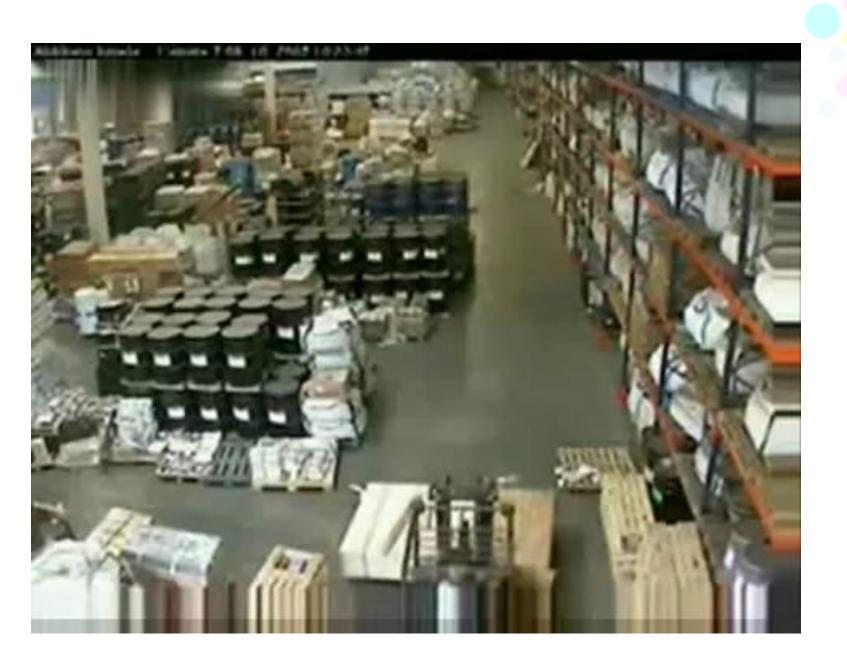


#### Racking Systems









# Managing Workplace Violence...



Job Design

Information & Training

# Managing Workplace Violence...

**Environment** 

**Job Design** 

Information & Training

## Managing Workplace Violence...



Environment

Job Design

Information & Training





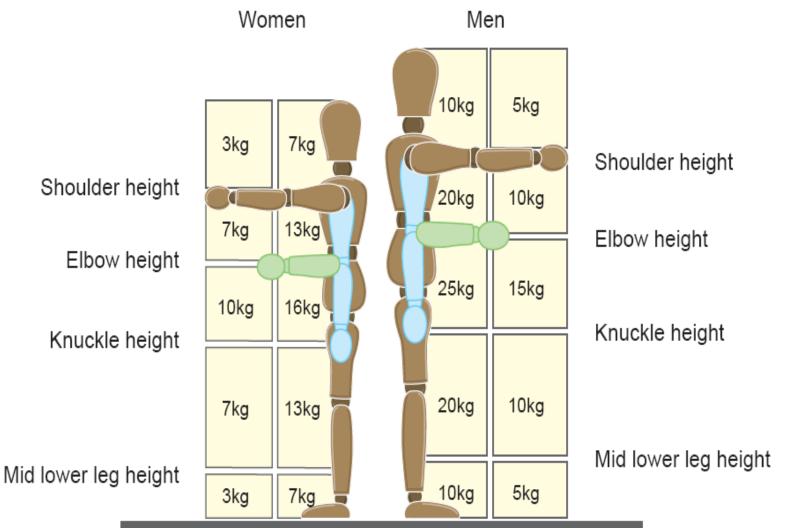
### Manual Handling

#### Manual Handling





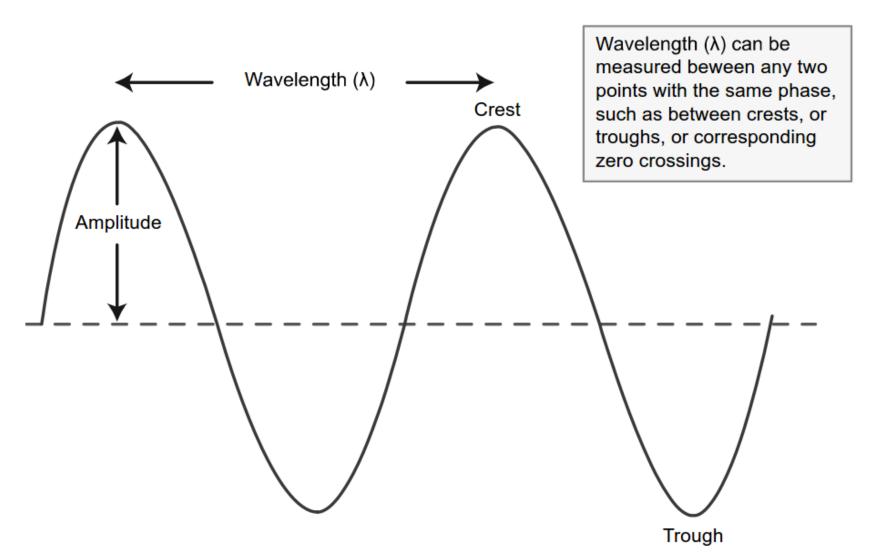






#### Noise





#### Frequency Filters



A Weighting

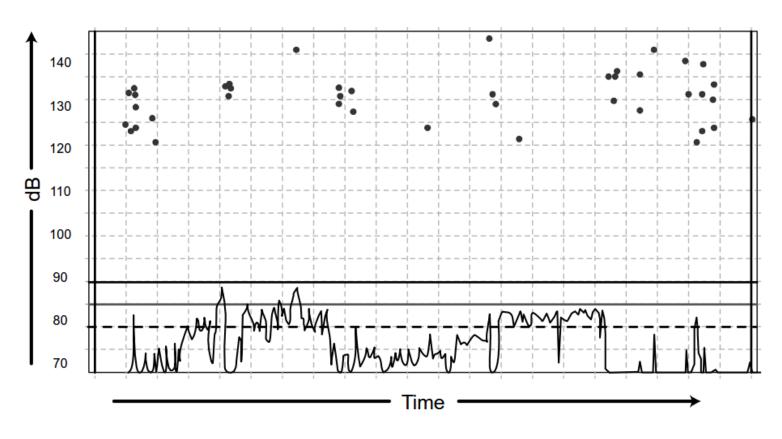
Weighting





# LEPd (Daily personal noise exposure)



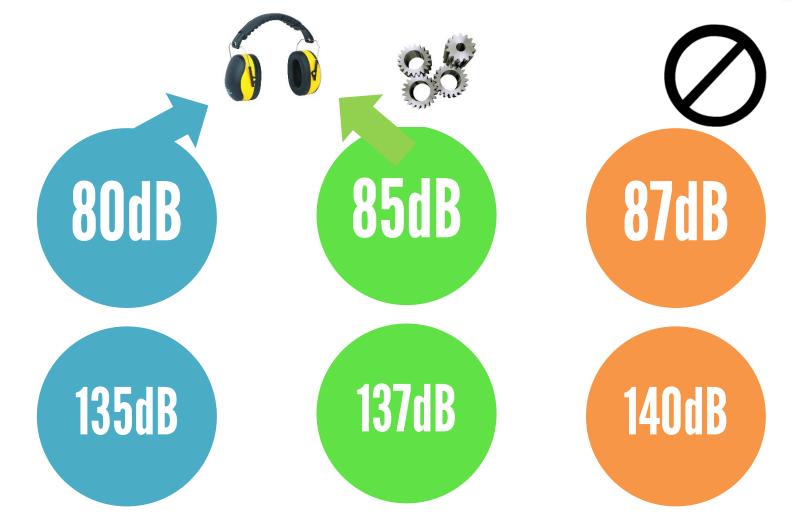






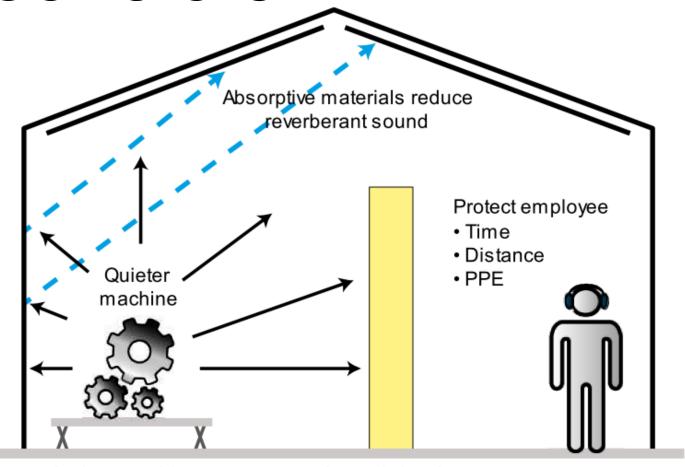
# Noise Action Levels





## Controls

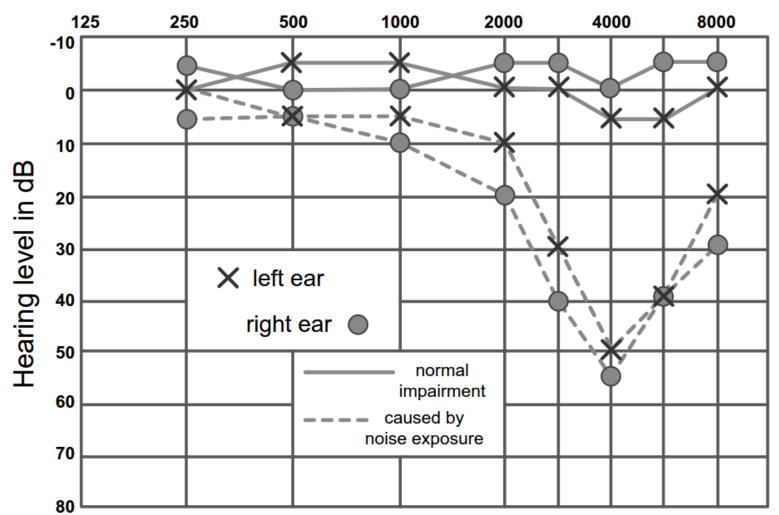




Isolate machinery from structure with isolation mounts Acoustic barriers separate quiet areas from noisy areas



#### Frequency in Hz

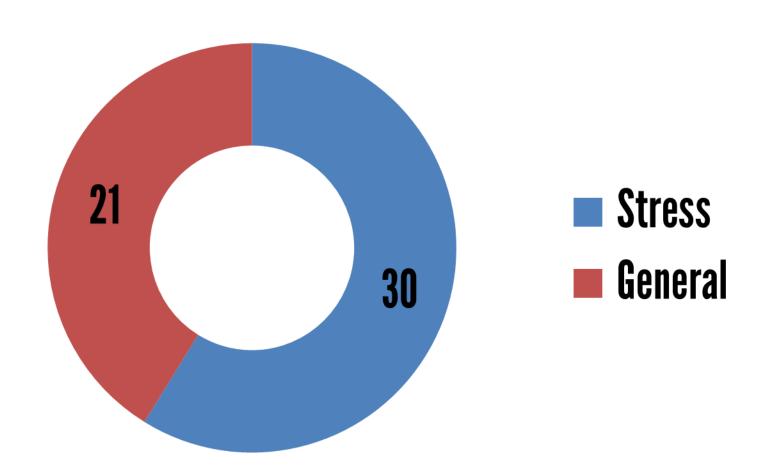




## Stress

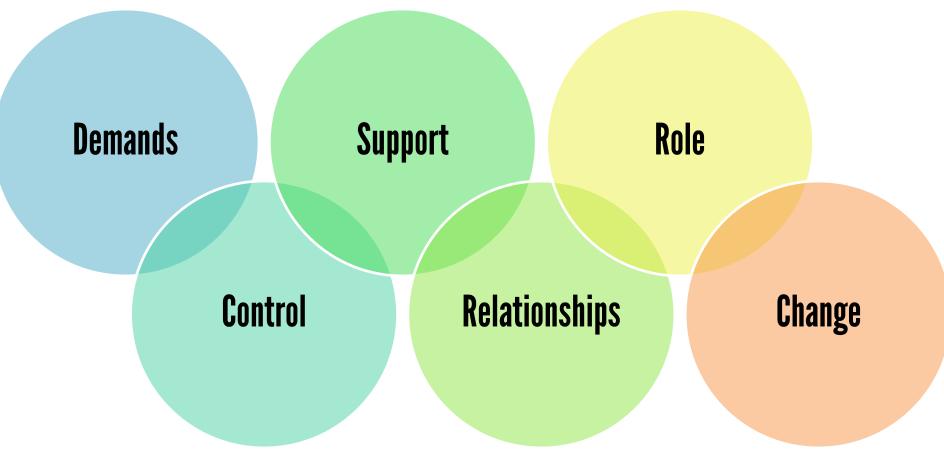


# Stress Days Lost









#### Walker v Northumberland County Council (1995)

#### Facts



Mr. Walker was an area social services officer, managing four teams of social workers. In 1986, he had a nervous breakdown because of the stress and pressure of work and was absent for three months.

His superiors agreed that assistance would be provided on his return. Little help was provided and on his return to work he had the additional pressure of clearing the backlog of work caused by his absence.

Six months later Mr. Walker suffered a second breakdown and was retired permanently in 1988.

#### Walker v Northumberland County Council (1995)

#### Facts



Mr. Walker was an area social services officer, managing four teams of social workers. In 1986, he had a nervous breakdown because of the stress and pressure of work and was absent for three months.

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Six months later Mr. Walker suffered a second breakdown and was retired permanently in 1988.

#### Decision



Walker v Northumberland County Council (1995) confirmed that ordinary principles of tortuous liability apply and the employer's duty of care extends to protection against psychiatric as well as physical injury.

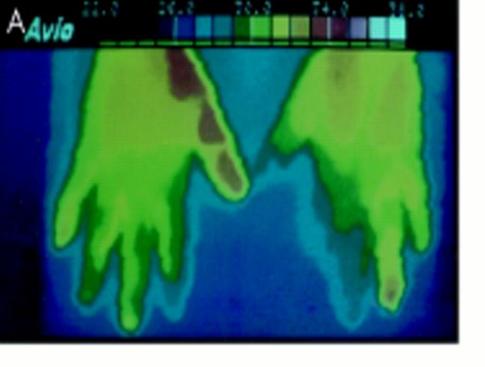
In 1995 Walker accepted an out of court settlement for £175,000.

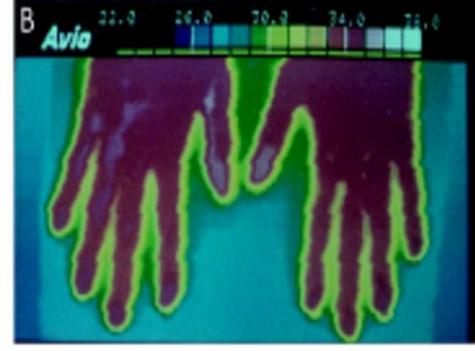


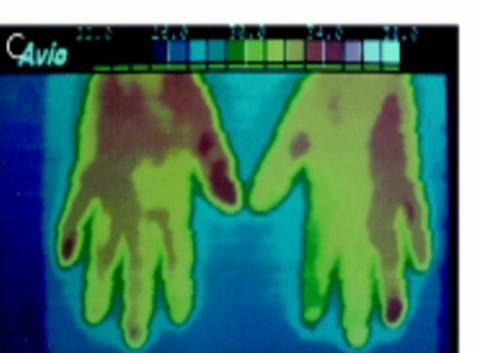
# Vibration













# Vibration Action Levels

**WBVS** 

HAVS

0.5m/s<sup>2</sup>

2.5m/s<sup>2</sup>

1.15m/s<sup>2</sup>

5.0m/s<sup>2</sup>

	40	800									
	30	450	900								
	25	315	625	1250							
	20	200	400	800							
	19	180	360	720	1450						
	18	160	325	650	1300						
	17	145	290	580	1150						
	16	130	255	510	1000						
	15	115	225	450	900	1350					
	14	98	195	390	785	1200					
	13	85	170	340	675	1000	1350				
	12	72	145	290	575	865	1150	1450			
	11	61	120	240	485	725	970	1200	1450		
Vibration amagnitude	10	50	100	200	400	600	800	1000	1200		
m/s <sup>2</sup>	9	41	81	160	325	485	650	810	970	1300	
	8	32	64	130	255	385	510	640	770	1000	1200
	7	25	49	98	195	295	390	490	590	785	865
	6	18	36	72	145	215	290	360	430	575	720
	5.5	15	30	61	120	180	240	305	365	485	605
	5	13	25	50	100	150	200	250	300	400	500
	4.5	10	20	41	81	120	160	205	245	325	405
	4	8	16	32	64	96	130	160	190	255	320
	3.5	6	12	25	49	74	98	125	145	195	245
	3	5	9	18	36	54	72	90	110	145	180
	2.5	3	6	13	25	38	50	63	75	100	125
	2	2	4	8	16	24	32	40	48	64	80
	1.5	1	2	5	9	14	18	23	27	36	45
	1	1	1	2	4	6	8	10	12	16	20
		15 m	30 m	1 h	2 h	3 h	4 h	5 h	6 h	8 h	10 h
		Daily exposure time									



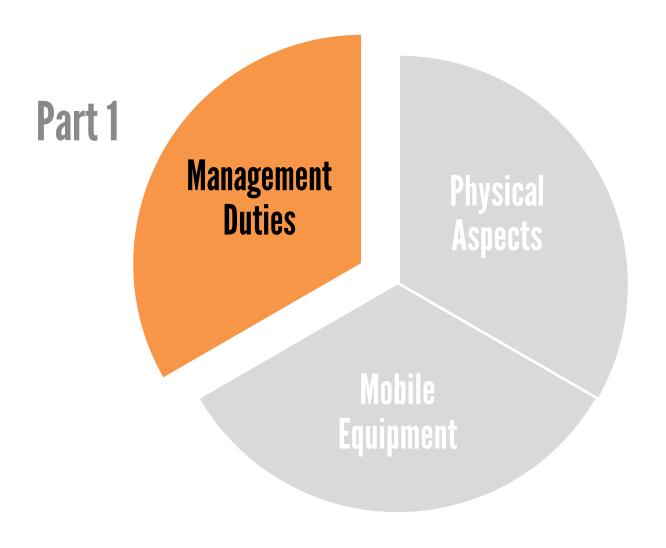
Above limit value
Likely to be above limit value
Above action value
Likely to be above action value
Below action value



# Equipment & Machinery

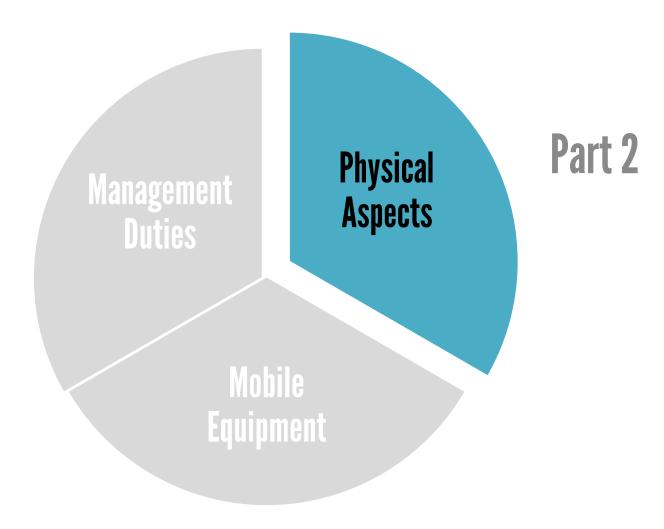
### **PUWER 1998**





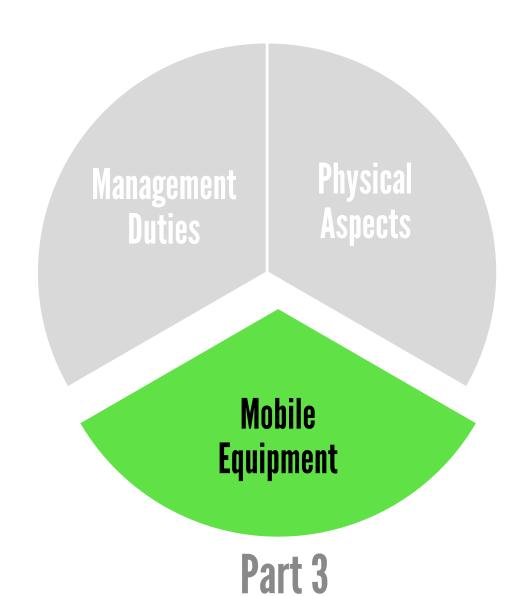
### **PUWER 1998**





### **PUWER 1998**









Selection
Inspection
Maintenance
ITIS

Management

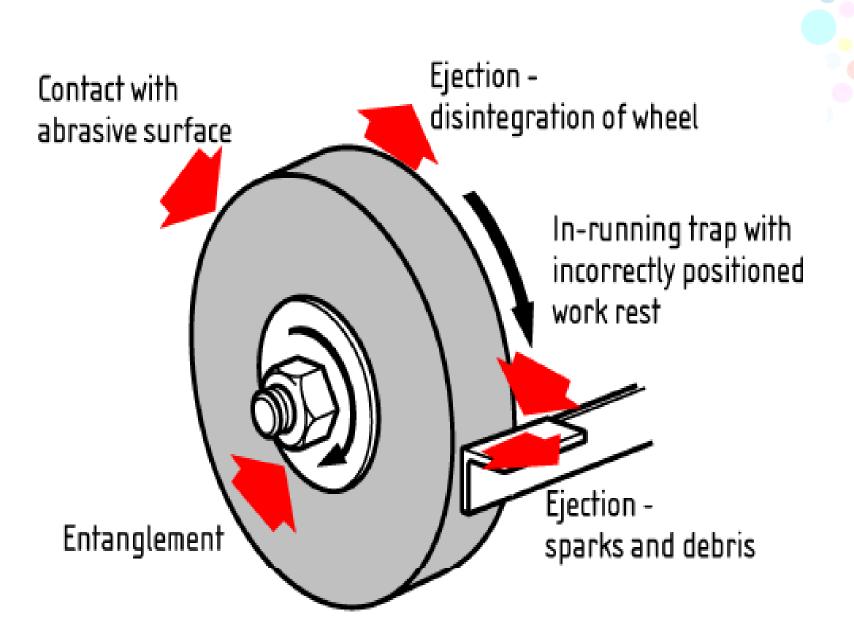
Physical Aspects



Guarding Controls Stability Markings Lighting

Management

Physical Aspects



### **Work Equipment and Machinery**



# 





Hazards

**Environme** ntal

Chemical Biological

Noise Vibration

**Slips Trips** 

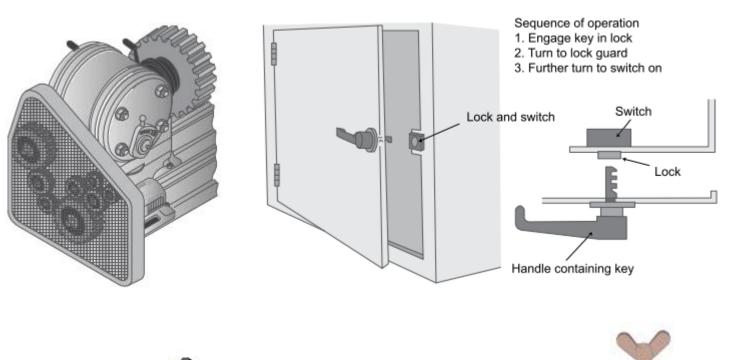
Non-Mechanical

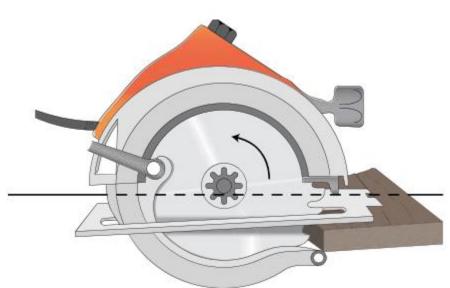
**Electrical** 

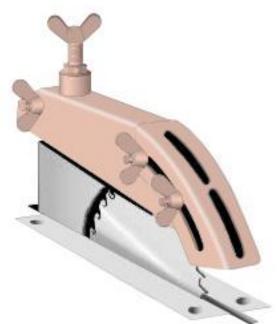
**Ergonomic** 

Thermal

**Radiation** 

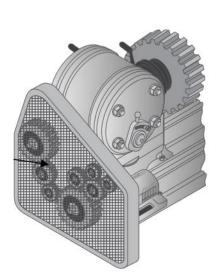


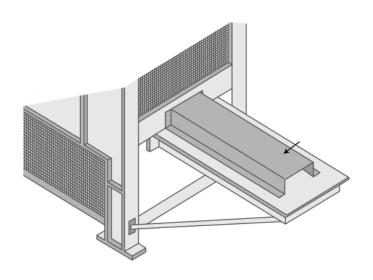




### **Fixed Guards**



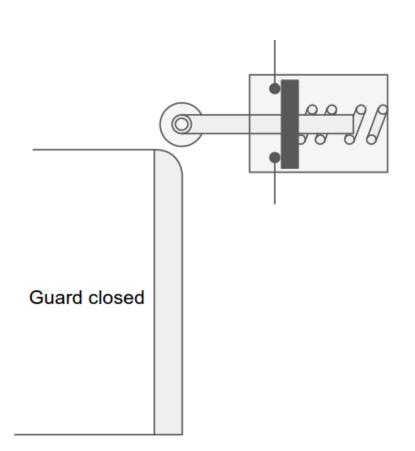


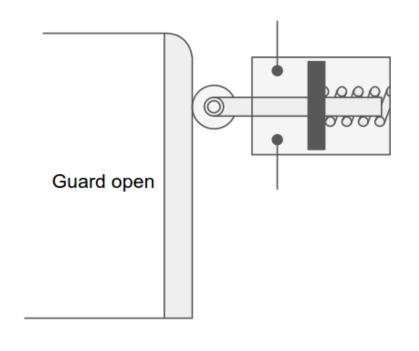




### Interlocked Guards

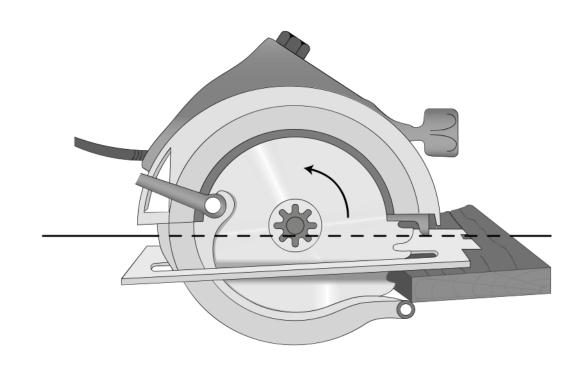






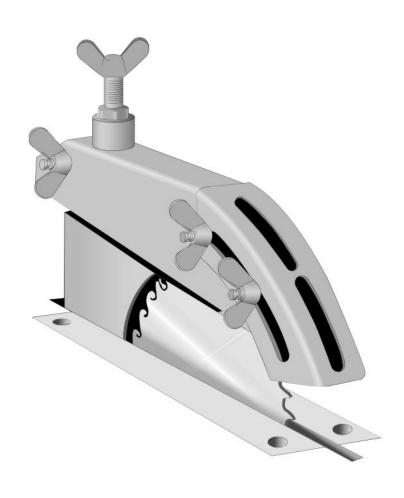
## Self-adjusting Guards





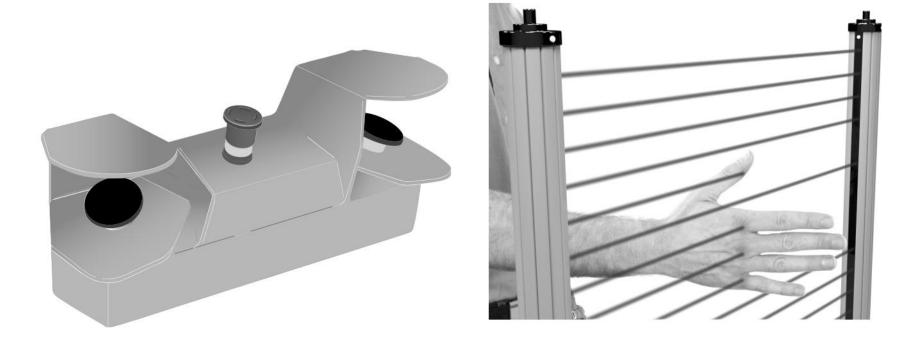
## Adjustable Guards





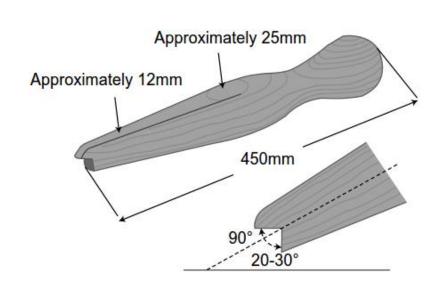
### **Protection Devices**

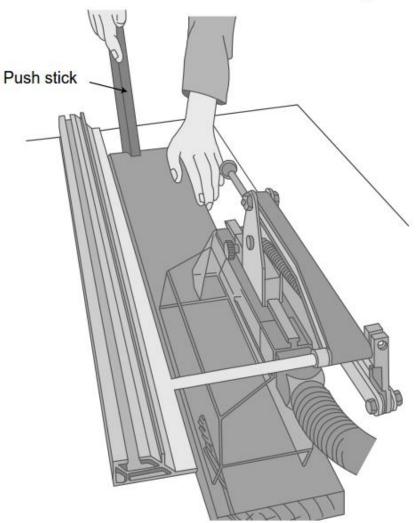




## **Protection Appliances**







# Specified Work Equipment – Hazards and Controls



- Hand tools e.g. Knives
- Portable power tools e.g. Portable drill
- Machinery e.g. Paper shredder
- Equipment for working at height e.g. Ladders



# Transport

#### Workplace Transport



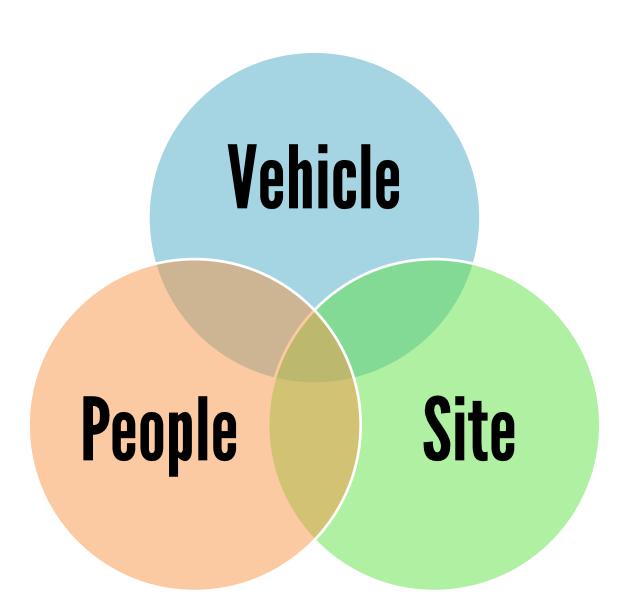




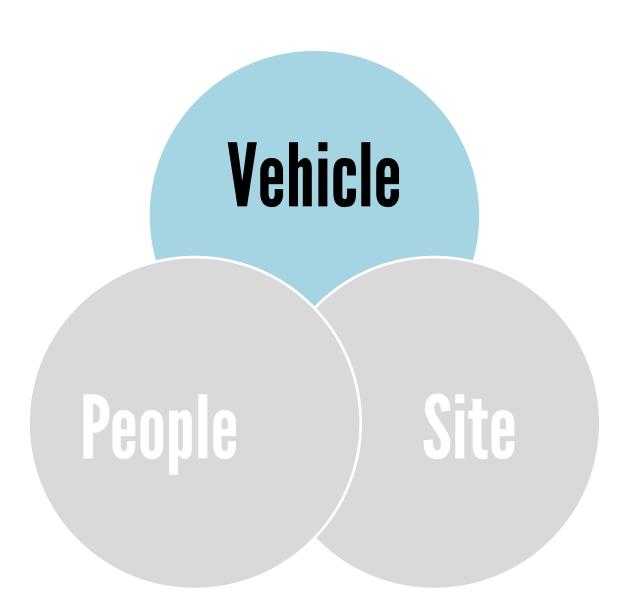
# Movement Non-Movement



# Non-Movement































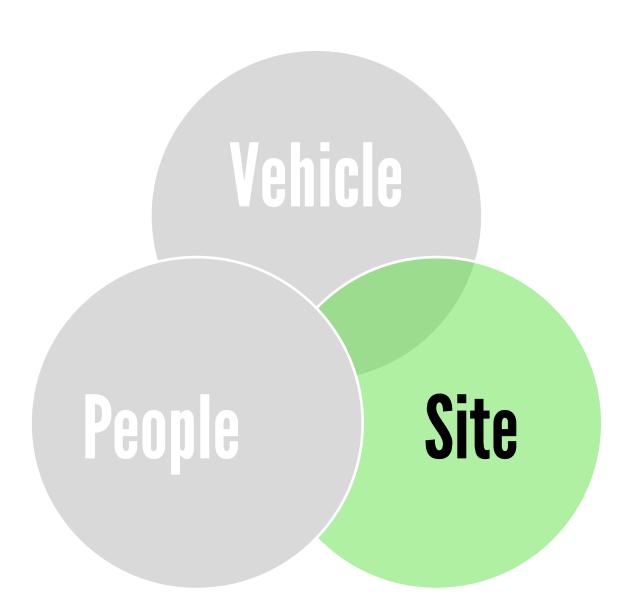








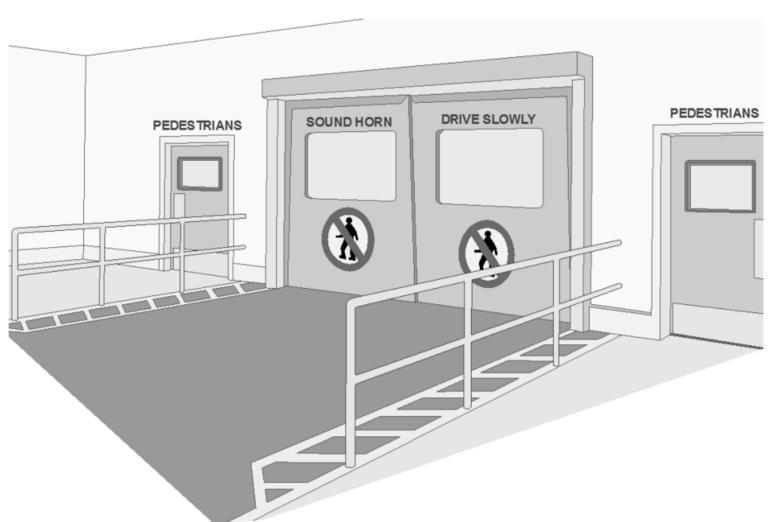






#### Safe Site

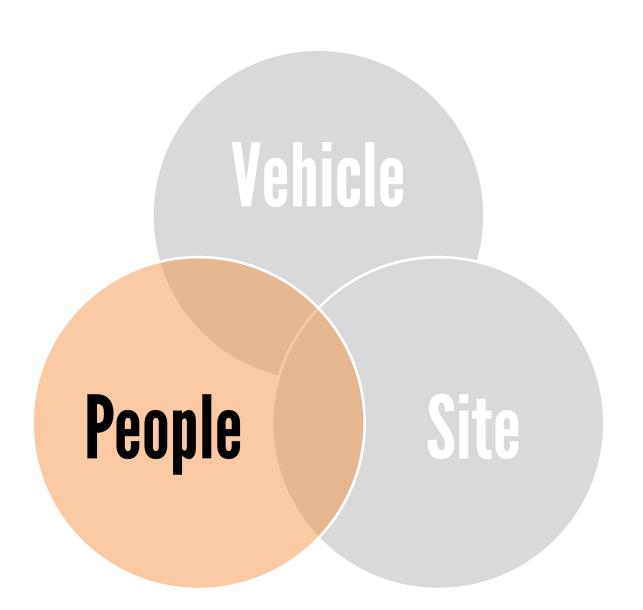














#### The 'STAMPP' Of approval





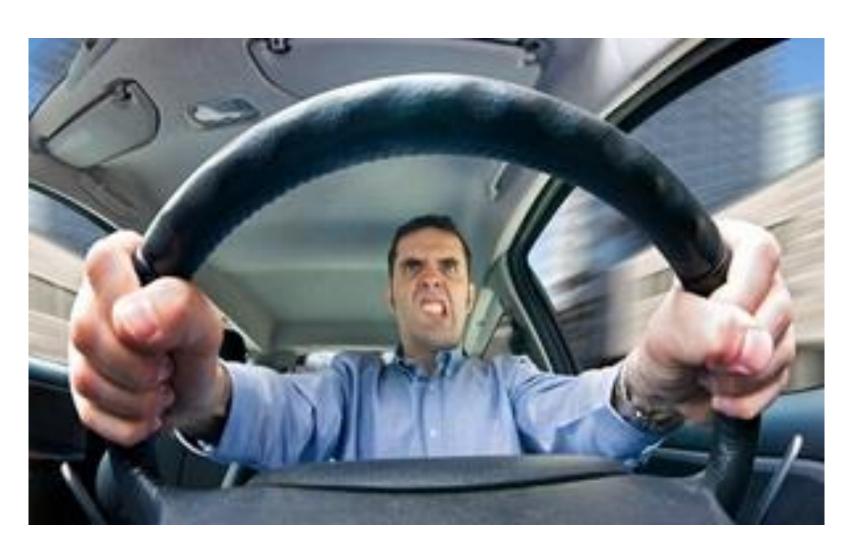


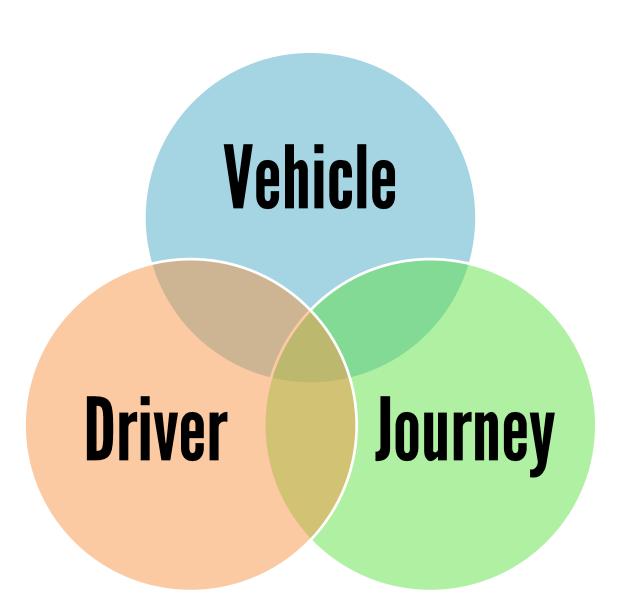


### SKATE!

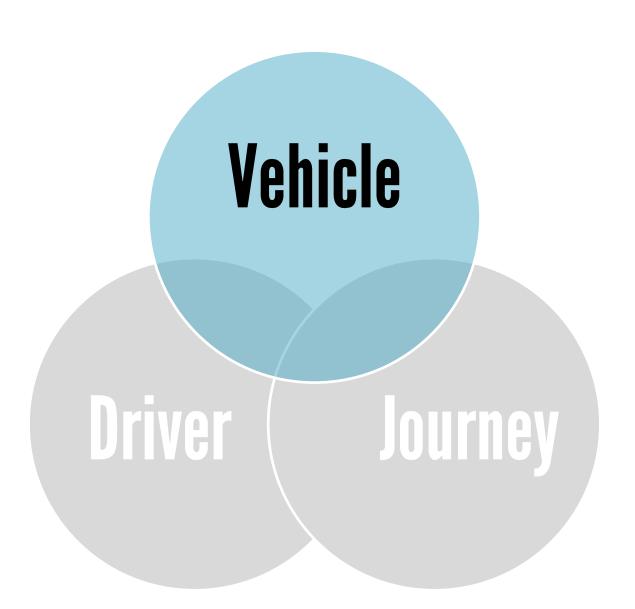
#### Driving at work



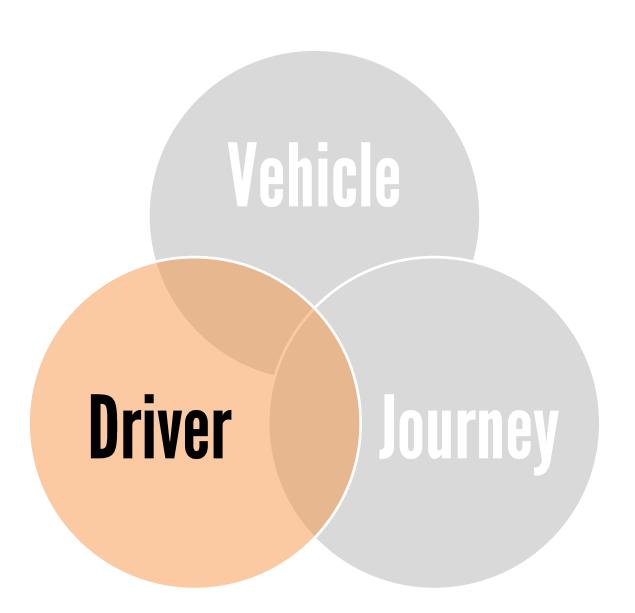




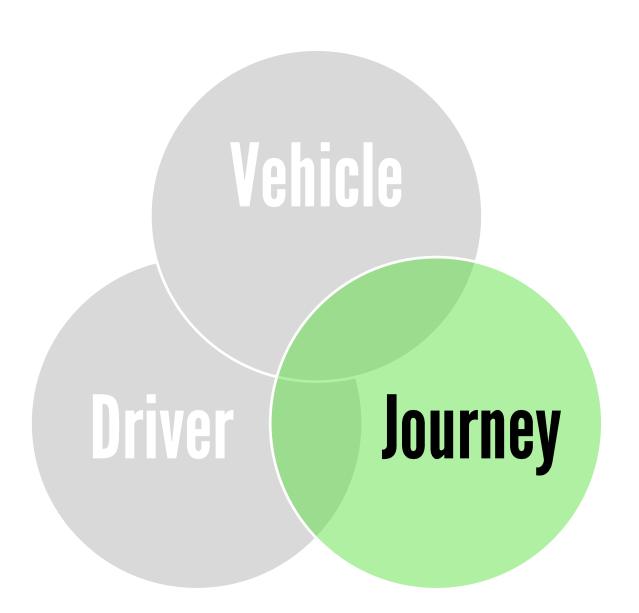














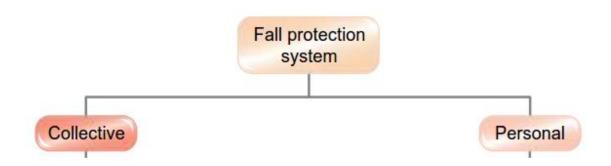


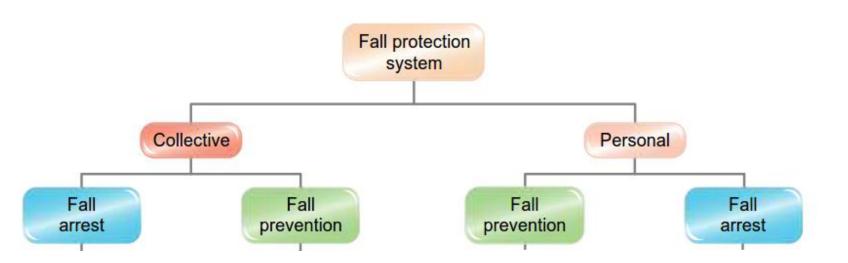
## Access/Egress

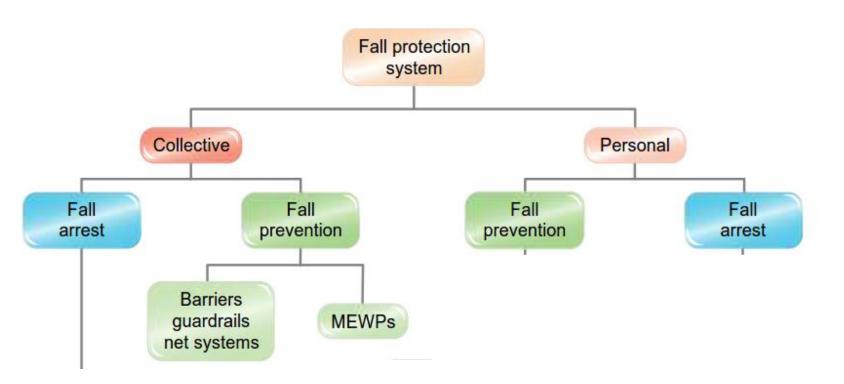


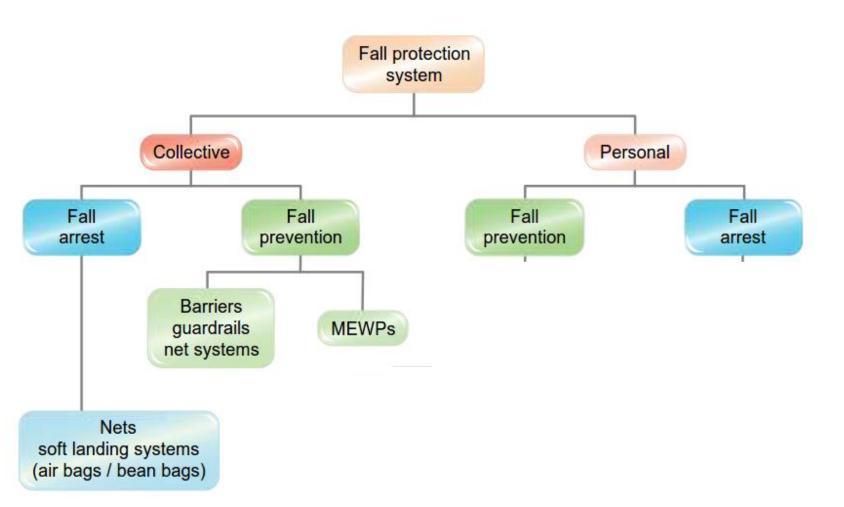
- 1. Don't go up
- 2. If you *have* to go up; don't fall
- If you do fall; don't hit the ground

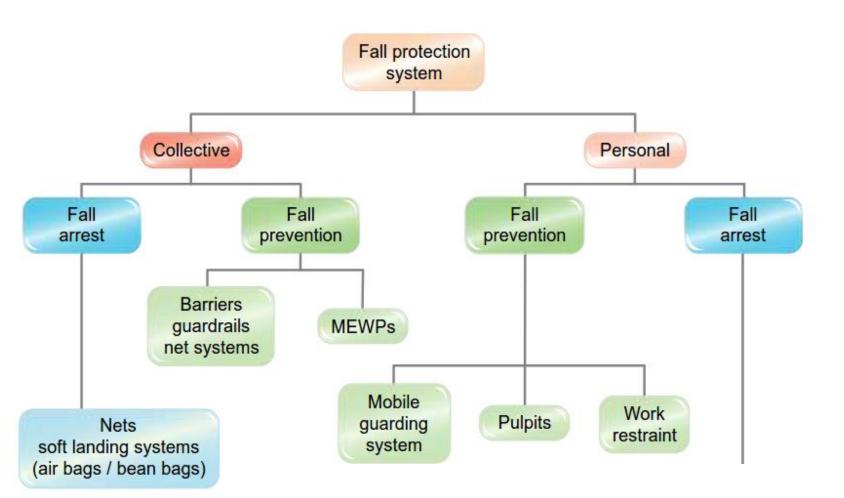
Fall protection system

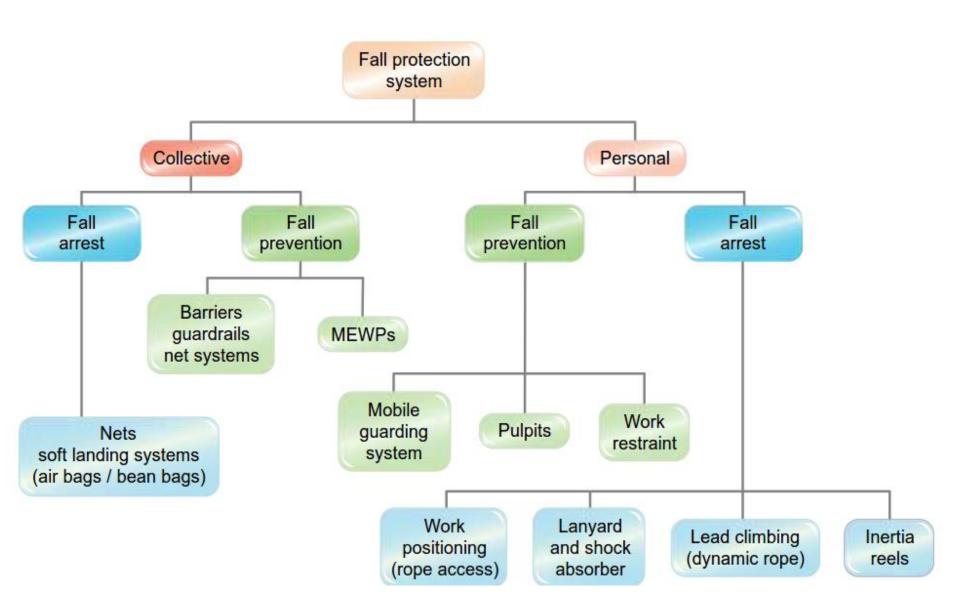














#### Ladders

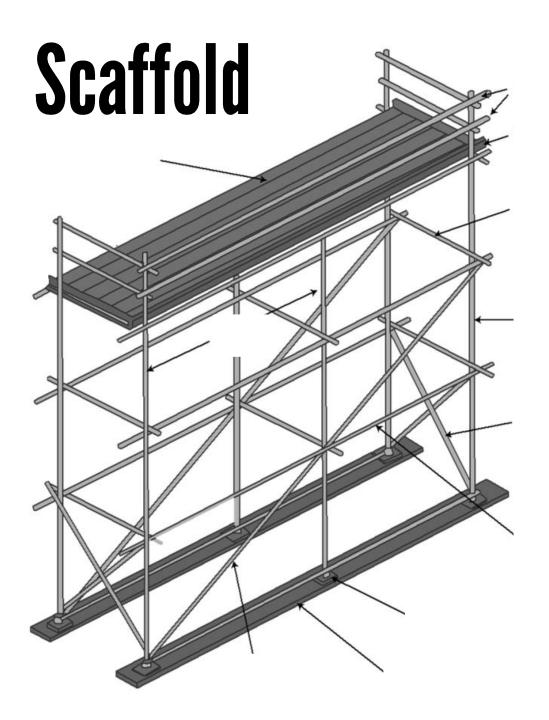
Risk Assess...

Light

Handhold

3 points

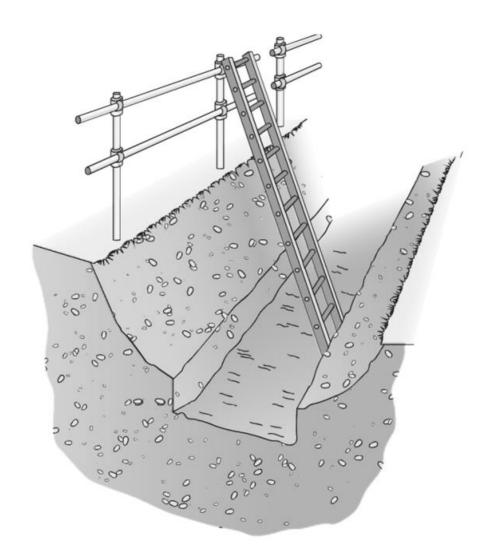
**Short duration** 







### **Excavations**

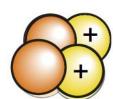


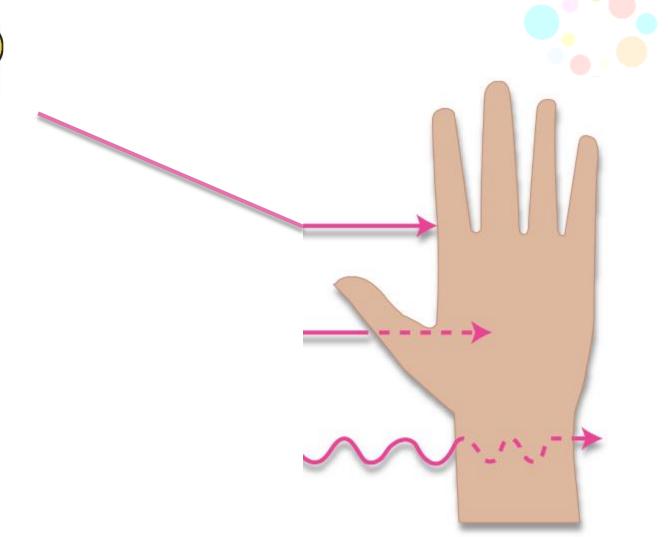


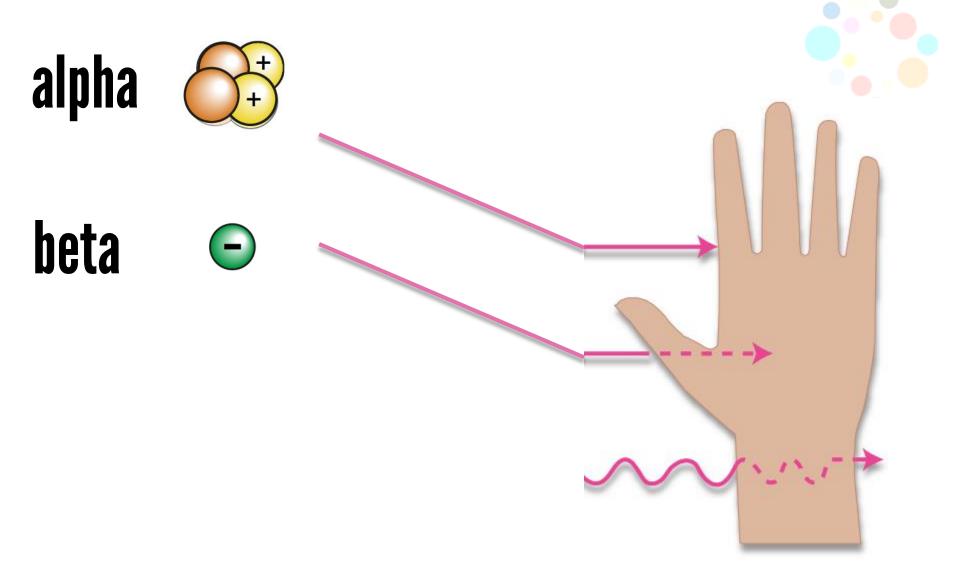


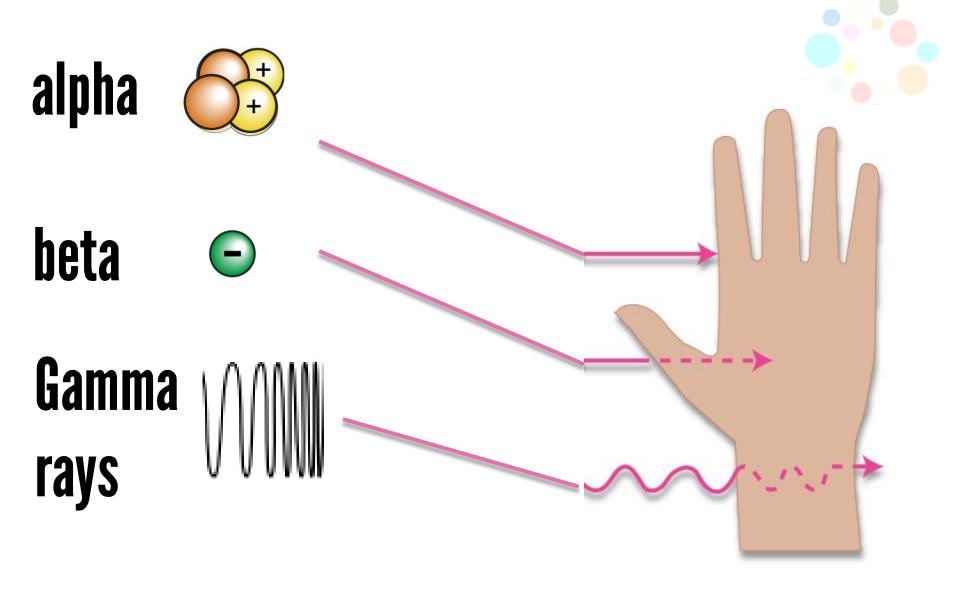
# Radiation

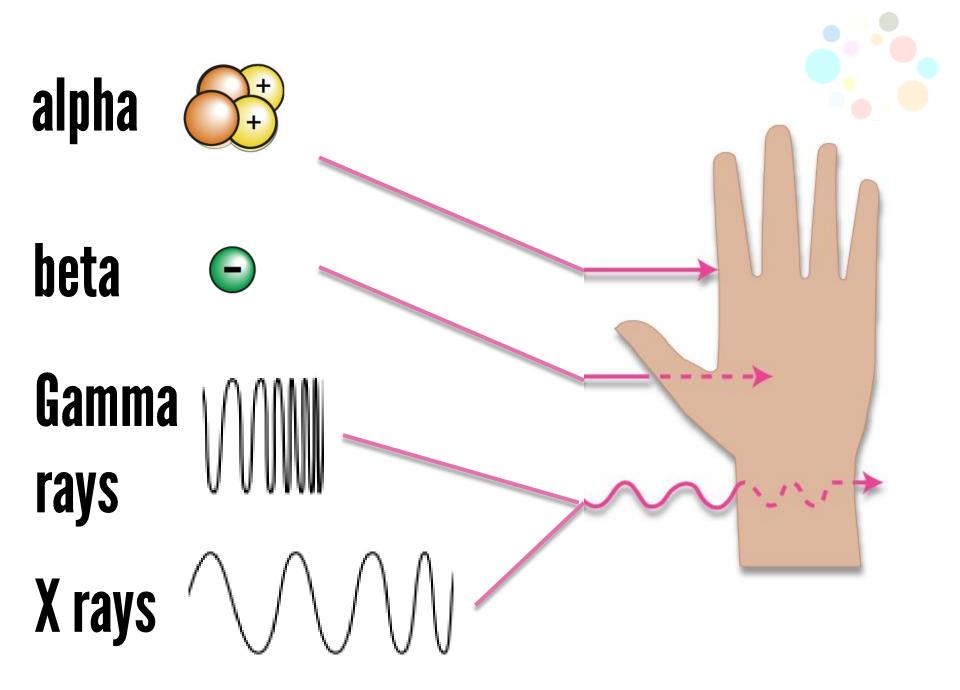
#### alpha











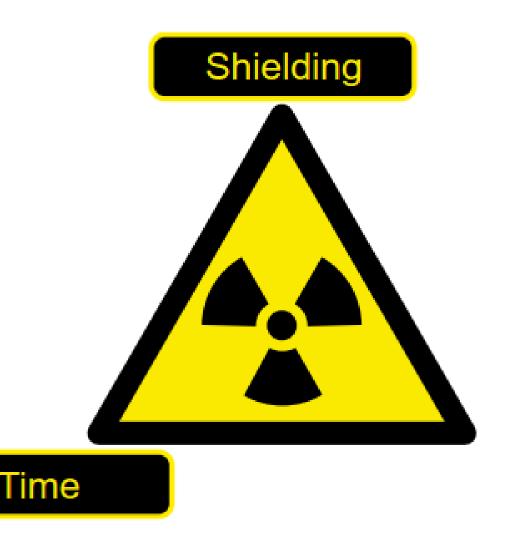
#### **Radiation Controls**





#### **Radiation Controls**

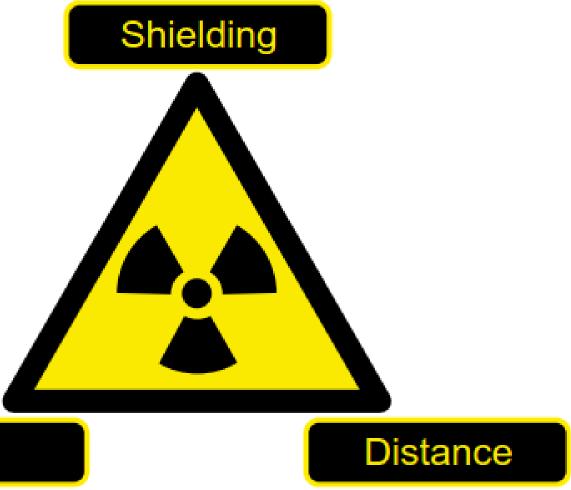




#### **Radiation Controls**

Time





## Inverse Square Law



